



टेवाTewa

ANNUAL REPORT 2017-2018

PHILANTHROPY
FOR EQUITABLE
JUSTICE AND
PEACE





Rita Thapa

Founder | September 1995

Tewa Annual Report 2017-2018

EDITORIAL

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Tewa Archive

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Financial Stability



Friends,

“Solid but never stolid” implies that we must take a step towards creating a just and equitable society. For this, our motive should be selfless because we should work with the feelings of love and compassion. People bearing altruistic feelings are expected to bring about the change in the society which has been going on since the very beginning. The emotion of humanitarian need is developed through the protection of our family and loved ones as well as by offering hospitality to the strangers. These human behaviors like protecting oneself and the upcoming generations are the factors determining the extension of society.

The resurgence of these human behaviors by promoting philanthropy has been the goal of Tewa. For the development of a society, community philanthropy is the emerging concept which is different from giving charity for religious purpose. Supporting any positive changes for the social development like women empowerment is the main objective of Tewa. We express our sincere gratitude to our supporters who have helped us to accomplish our success.

Taking a new leap of development in 2018, Nepal successfully held the local level election. The data of women candidacy shows the opportunity and challenges faced by them during the election. Participation of marginalized elected women stimulated the inclusiveness and equality in the political sector of development. Out of 35041 elected representatives, 14352/ 40.93% were women. 91% of the elected candidacies for the vice chairperson and vice mayor were women. This is the right time to manifest women’s participation in different sectors like economic, public affairs and politics. Tewa is thriving ahead to provide opportunities to women in these sectors.

We are really thankful to our National and International Donors. The feeling of contentment lies within us when we see the increasing number of donors both individuals and institutional who have helped and supported us in our cause. I am indebted to the team effort of all our staff, volunteers, grantee partners, and Board & General Members who came together with a determined aim to empower the women of Nepal.

Nirmalebe

Nirmala K.C PhD
President, Executive Board



The saying, "Time flies in a blink of an eye" felt true to me when I realized that it has already been a year since I took upon the post of Executive Director at Tewa. Looking back, I could not apprehend we have already come so far.

The core work of Tewa is GRANTMAKING and to make this programme successful, our strategy is LOCAL FUNDRAISING through COMMUNITY PHILANTHROPY. As always, there are countless efforts put by Tewa's team including Founder, Board and General members, Volunteers, Grantee Partners and Staff to make this year a success. Moving along our 22 years long journey, apart from our core programmes, we believe that we have strived to create Nepali Women Leaders through Capacity Building Training Programmes for our grantee partners and through our Fundraising Volunteer Training Programme. We have established a network among different likeminded organizations both National and International for our grantee partners and volunteers.

At this particular point of time I can proudly say that our Volunteers and Grantee Partners

are the backbone and ambassadors of Tewa who have always been there to support Nepali women to amplify their voices, to spread the message of community philanthropy in their own community and also endorsing our philosophy to raise funds to support women's movement.

Tewa has always spread her arms, opened her space and created a platform where all women from the world can come together collectively, share knowledge and skills, exchange strategies, strengthen connection and mobilize resources. All these pools of work would not have been possible if there was no support from our well-wishers since the establishment of Tewa. This report would be fragmentary if I do not acknowledge our Founder, all our Past Presidents, Ex-Coordinators, Ex-Executive Directors, Board and General members, Grantee Partners, Volunteers, Donors including both international and national, and staff. My sincere gratitude to everyone for trusting and supporting us in our journey.

Thank you.

A handwritten signature in black ink, appearing to read 'Urmila Shrestha'. The signature is stylized and cursive.

Urmila Shrestha
Executive Director

Grant Making

Grant Making has been the core work of Tewa since it was established. Tewa has been providing grants to the women's organizations who are working to change the status quo, transform their position of subjugation in their societies and who work for local peace building.

The aim of our grants is to transform the lives of the most marginalized and vulnerable women, to amplify their voices and make their concerns visible by strengthening movement building to advocate, engage and influence, and enhance their capacities through trainings, peer learning, and networking.

Tewa's grant making program has been initiated to uplift the socio-economic status of women and to establish their voice and visibility in the community.

This year as well we provided grants to 51 different women's organizations under 11 Grant Making Themes to support the initiatives of these organizations and develop their organization.

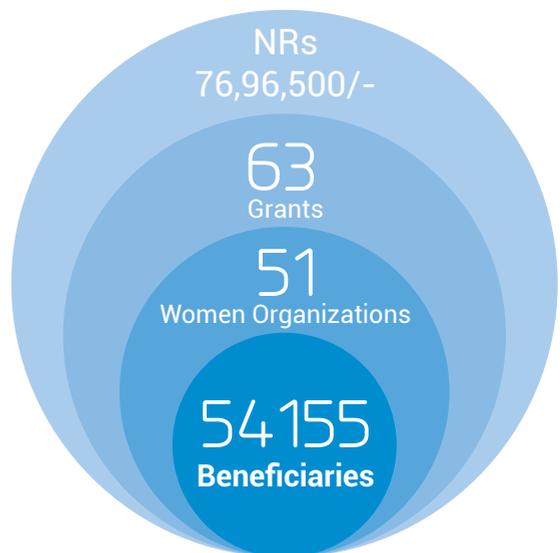


Fig: Grant Disbursement Data

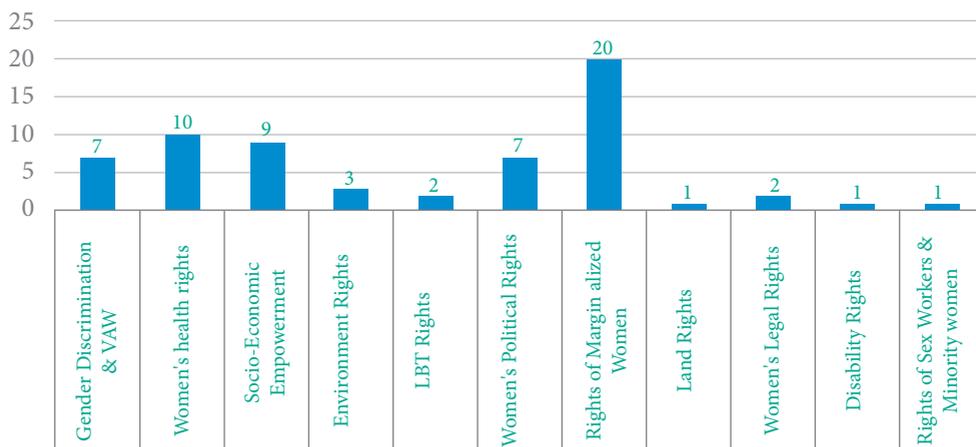


Members of Janajagan Mahila Sangha, Bardiya sharing their experience to Tewa team

Grant making themes

No. of Grants

■ No. of Grants



Grant Disbursement 2017/2018

S.N	Organizations	Districts	Grant Amount (NRs)
1	Aadibasi Janjati Mahila Utthan Kendra	Sindhupalchowk/3	151,750.00
2	Apangata Adhikar ko Lagi Mahila Samuha	Kathmandu/3	60,600.00
3	Bodhijagrit Mahila Sanstha	Sankhuwasava/1	100,250.00
4	Biswas Nepal	Kathmandu/3	90,800.00
5	Bibeksil Mahila Krisi Sahakari Sanstha Ltd.	Jhapa/1	75,000.00
6	Bhore	Dhanusha/2	300,000.00
7	Bikash Ka Lagi Shanti Aviyan	Kathmandu/3	200,750.00
8	Dalit Mahila Ekata Kendra	Dang/5	300,000.00
9	Danfe Kasturi Mahila Bachat Tatha Rin Sahakari Sanstha	Baitadi/7	50,000.00
10	Dhanusha Mahila Samaj	Dhanusha/2	75,000.00
11	Dalit Mahila Ekata Kendra	Dang/5	20,000.00
12	Ekata Nepal	Kailali/7	50,000.00
13	Fatima Foundation	Banke/5	250,000.00
14	Griha Sramik Sarokar Samaj Nepal	Kathmandu/3	296,950.00
15	Gatishil Samuha Nepal	Kathmandu/3	52,100.00
16	Indigenous Women Legal Awareness Group(INWOLAG)	Lalitpur/3	272,000.00
17	Jagaran Mahila Bikas Samaj	Kathmandu/3	60,500.00
18	Janjagarn Mahila Sang	Bardiya/5	100,000.00
19	LOOM Nepal	Kathmandu/3	300,000.00
20	Mahila Sahara Samjik Sanstha	Kavre/3	112,500.00
21	Mahila Sasaktikaran Tatha Bahuudhesiya Samaj(WEMPS)	Kathmandu/3	90,000.00

22	Matrivumi Bikash Nepal	Kathmandu/3	80,000.00
23	Manaswi Parijat Mahila Kendra	Lalitpur/3	75,000.00
24	Mahila Mukti Samaj	Dadheldhura/7	220,000.00
25	Mahila Jagaran Sahayog Samuha	Rupandehi/5	60,000.00
26	Mahila Adhikar Kendra	Dhanusha/2	75,000.00
27	Mahila Sasaktikaran Sanstha	Sarlahi/2	60,000.00
28	Muldhar Mahila Sewa Kendra	Udayapur / 1	100,000.00
29	Nepal Mahila Ekta Samaj	Kathmandu/ 3	20,000.00
30	Nepal Mahila Sip Bikash Manch	Dang/5	50,000.00
31	Nepal Chetana Kendra	Arghakhanchi/5	71,500.00
32	Nepal Muslim Mahila Kalyan Samaj	Kathmandu/3	139,250.00
33	Pragatishil Mahila Aapasi Bikash Sanstha	Makwanpur/3	47,300.00
34	Paurakhi Mahila Samaj	Ramechhap/3	50,000.00
35	Purnima Mahila Mauri Palan sahakari Sanstha Ltd.	Morang/1	40,000.00
36	Sankalpa	Lalitpur/ 3	100,000.00
37	Samabeshi Manch Nepal(Badri Pun)	Kathmandu/3	50,000.00
38	Sanrakchayak Samaj Baglung	Baglung/ 4	100,000.00
39	Sanrakchayak Myagdi	Myagdi/ 4	100,000.00
40	Sree Barpak Nirman Mahila Samuha	Gorkha/4	50,000.00
41	Samabikas ko Lagi Nawa Bhumi	Kathmandu/3	48,000.00
42	SPEED Nepal	Kailali/ 7	54,750.00
43	Sayapatri Bahuudhesiya Krisak Mahila Sanstha	Terhathum/1	42,000.00
44	Samajik Sachetana Mahila Sanjal	Kailali/ 7	125,000.00
45	Sidhipur Mahila Sasaktikaran Samaj	Lalitpur/3	43,500.00
46	Women for human rights Single Women Group	Lalitpur/3	44,000.00
47	Women for human rights Single Women Group Sunakothi	Lalitpur/3	78,500.00
48	Women Group for Community Awareness And Development (WOCAD)	Dhankuta /1	200,000.00

Mahila Mukti Samaj

“HERE IS TO STRONG WOMEN,
MAY WE KNOW THEM,
MAY WE BE THEM,
MAY WE RAISE THEM”

– Stacey Bendet - Alice Olivia

Ishwori Khadayak would have been in a been in a miserable state if Mahila Mukti Samaj hadn't helped her. Few years ago, Ishwori was impregnated by an Army Officer. Despite the fact that they had a special bond, the army officer refused to accept her and the baby because they were unmarried and later abandoned her. But with the support from Mahila Mukti Samaj, she was able to fight for herself and her baby. With the mutual understanding, the father of the child provides half of his salary to Ishwori. She invested the received money to open a small shop from which she is able to generate some income. Today, Ishwori is capable of supporting herself and her child.



Members of Mahila Mukti Samaj discussing about their program

Mahila Mukti Samaj is a women led organization established in 1995 with an aim to work towards the promotion of women and child's rights focusing on survivors of violence, and enhancing the sustainable livelihood of marginalized women. Women residing in this area are highly prone to various violences like domestic, sexual and not many people have their certificates of social registration like birth, death & marriage.

When the organization was established, it emphasized mainly on women who were survivors of violence. Mahila Mukti Samaj got its first grant through Tewa in 2009/2010 for advocacy and legal rights of women. Later when Rita Thapa, Founder of Tewa, Urmila Shrestha, Current Executive Director, Sadhana Shrestha, Former Executive Director & Former Employee Yelisha Sharma of Tewa visited this organization for Monitoring and Evaluation, Rita Thapa handed over NRs 2,000/- as a donation for the sustainability of the organization. It is the first organization in Dadeldhura to draw attention towards the issues of rights of vulnerable women and was doing great work at that time to support violence survivor women by providing counseling and legal support to them. The notion of endowment fund was started and the money was invested in the bank by opening a fixed deposit account. The concept was initiated with a view to cover the expenses from the interest received from the bank, for the sustainability of the organization.

Since the very first grant, the organization has brought numerous changes in the community. They have helped address the issues of violence against women and awareness on legal rights for women. Eventually, Mahila Mukti Samaj got the second grant from Tewa in 2014/015 for women

empowerment that included the activities of maintaining the safe house (built by local government bodies), leadership training for women and counselling for the survivors. The safe house on the other hand provides service to those who are victim of violence to provide them shelter and care. Since this organization was doing remarkable work, the local community people handed over the responsibilities of the safe house to this organization to look after it. When the safe house was commenced, it was started from a room due to lack of budget. But today, this organization has successfully built a separate safe house to provide specific care for the victims. From the starting phase till date the organization has already worked for 316 cases including rape cases, domestic violence cases, missing people case, polygamy and maximum of those cases were solved. About 68 women and 16 children have taken shelter in the safe house.

The recent grant was received in 2017/2018 for organization strengthening, and to enhance the capacity of the elected women representatives and legal counselling to the people staying at the safe house. The organization has been working on VAW since it's initiation and has a strong background to address women's political participation. The project that the organization is conducting is very relevant in the present context for the informed participation of elected women representatives in decision making. The organization will help women to draw the attention of the elected representatives to address the challenges faced by women including their political rights.

Grantee Capacity Building Training

Grantee capacity building training not only capacitates the skills of our grantees but also strengthens the network among our grantee organizations by connecting them. Since 2008 we have regularly been conducting trainings on thematic areas covering different topics.

This year, we accomplished to conduct 11 grantee capacity building trainings both inside and outside Kathmandu valley for our grantee partners on various relevant topics that was much appreciated by them. 230 participants representing 70 organizations participated in the trainings.



Capacity building training on women entitlement



Group Activity during Capacity Building Training



Capacity Building Training on Gender and Climate Finance Accountability in Climate Change

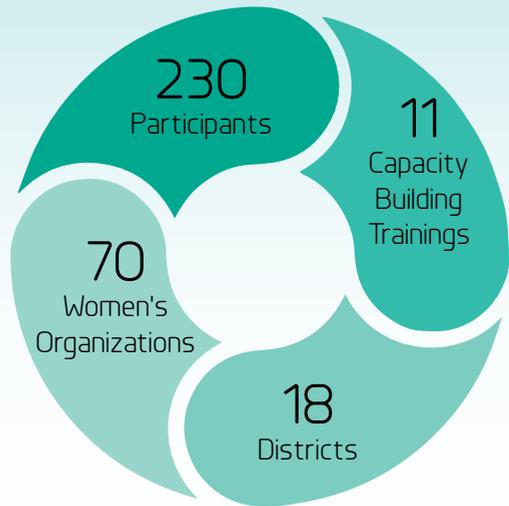
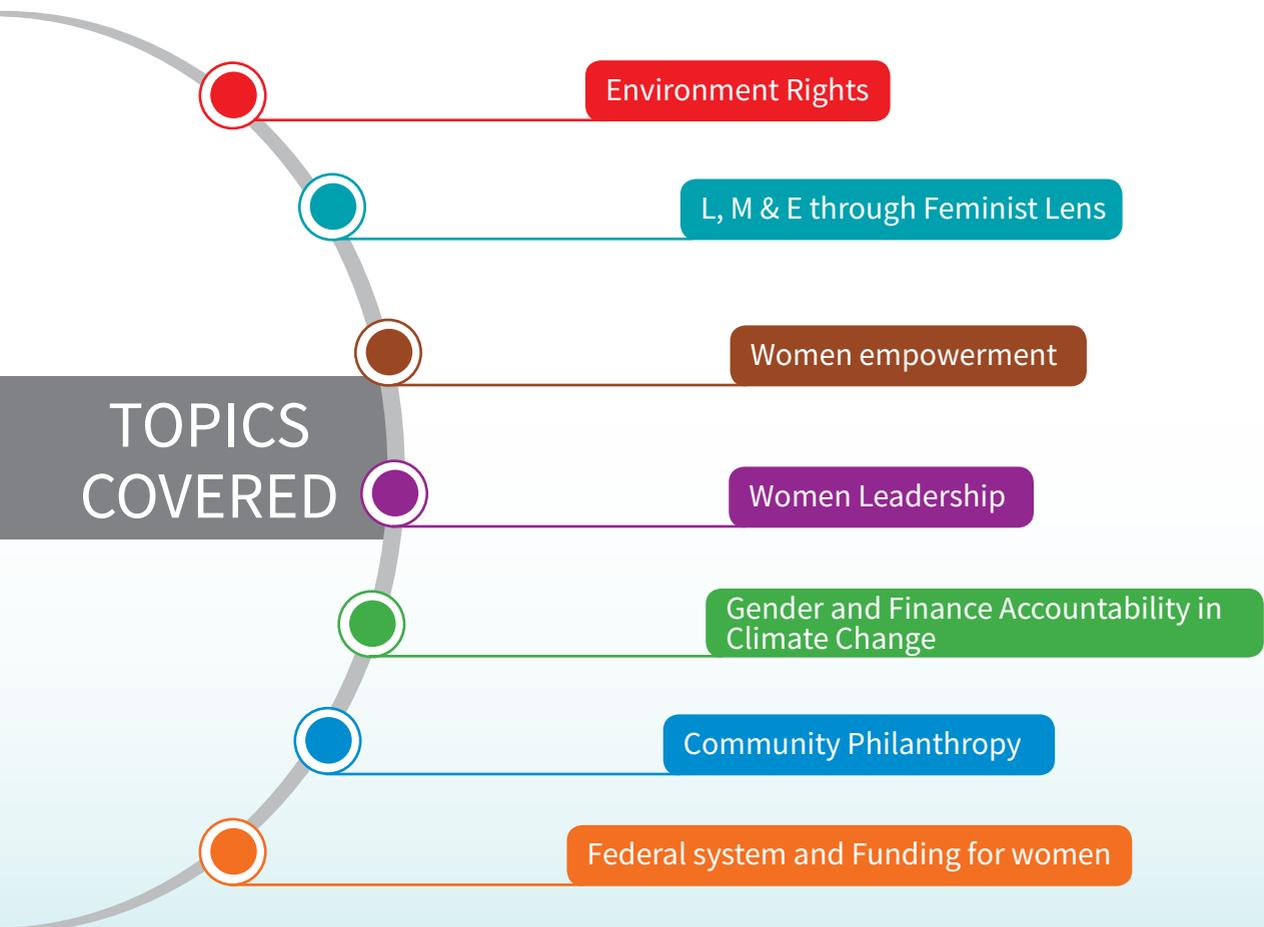


Fig: Capacity Building Data



Learning, Monitoring and Evaluation



Tewa's learning, monitoring and evaluation unit was initiated in 2014 to develop a system to see the impact of our grants. It is based on three basic principles: **Rights based approach, it endorses Feminist Theory, and it takes on Appreciative Inquiry.** Tewa's L, M, & E unit supports our grantee partners to implement their project more thoroughly by analyzing the process of the changes happening at different levels through the project.

L, M & E unit develops the framework through two methods i.e. Process Monitoring and Process Evaluation. This year we were successful to develop 22 frameworks through these two methods. We conducted site visits to evaluate and monitor the projects whereas when the site visit were not possible we developed the framework through extended phone calls.

The main outcome from these frameworks developed have been analyzed based on Tewa's three grant making goals (1. *Support the initiatives of marginalized women*, 2. *Enhance decision making & leadership of women*, 3. *Strengthen movement building so that women can participate, advocate & influence politically*), and a fourth category of enhancing the capacity of partners' organization.

Thriving despite the stumbling block

Phulmaya Majhi is a local resident from Garkhira, Manthali, Ramechhap working as a resource person who provides training on weaving. She has become so empowered today that she can sustain herself and her family. Phulmaya lives with her family. Eldest among the children, Phulmaya had a lot of responsibilities while growing up. Since her family's main occupation was fishing and agriculture, she spent most of the time helping out her parents which is why she couldn't focus on her studies. She had just completed her SLC and was doing her high school level education. When the 2015 earthquake hit Nepal with 7.8 Richter scale, Ramechhap was one of the most affected districts. At the time of the Earthquake,

her house was completely destroyed leaving her and her family homeless. This impacted her life in a larger scale. She had to drop out of high school and focus on earning for their livelihood. When Tewa started its Recovery and Rehabilitation Project, one of our project area was Ramechhap. So, coming in contact with our volunteers, Phulmaya got an opportunity to participate in socio-economic empowerment training on weaving. The training lasted for 3 months. After the training, she started earning some money through weaving. Again, our volunteers organized another weaving training in collaboration with Department of Cottage and Small Industry that was 2 months long. Phulmaya became more confident about her work. Slowly, she started weaving different materials. And today, Phulmaya has become a trainer of weaving clothes. She goes to different places apart from her home town and provides trainings to those people who are interested in learning. Also, she is invited to facilitate in socio-economic empowerment projects. She normally facilitates 3 months long training program from which she earns in total of USD 600/-. These days, Phulmaya is mostly occupied in travelling to various places for trainings. But apart from this, she also supports her family in their family occupation.



Phulmaya Majhi transferring her skills of weaving to other women



Local Fund Raising



NRs
2,900,000/-



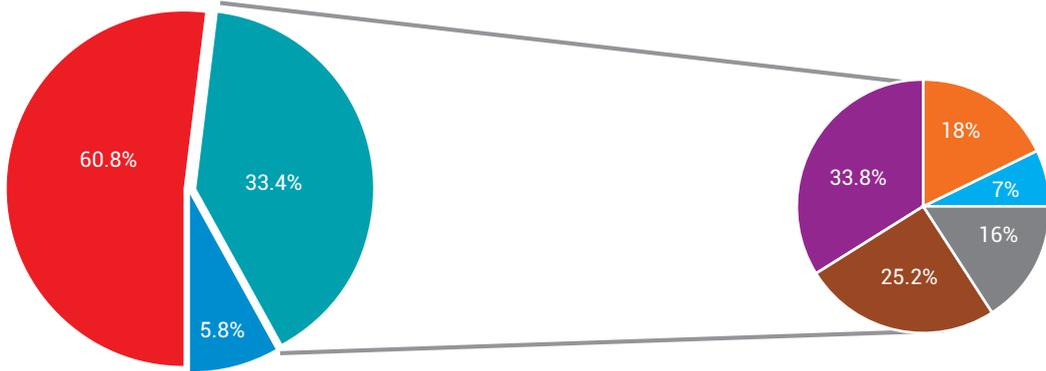
NRs
3,064,051/-

Known as the only women's fund of Nepal, Tewa has been promoting local community philanthropy through different fundraising events and other campaigns over the years. This demonstrates the mobilization of local resources for self-reliance as well as long term sustainability. Philanthropy is more than just a word and is an investment. It is the universal process, to learn to give back to the society. Community Philanthropy builds trust, credibility and ownership among the people and the communities they are serving. Tewa is bridging relations between different communities so that they feel the ownership and develop their capacity.

This year as well, Tewa did exceptional work to meet the target by raising the funds from the local level and giving continuity to its annual events. Not only does our annual events contribute to this but also annual donations, campaigns, board and general members, volunteers and staff played tremendous role to raise funds. Big or small, Tewa is adapting to changing contexts and looking for innovative, diverse ways to raise funds locally and promote community philanthropy.



Participants during Walk-a-thon



- Campaigns
- Events
- Annual Donation

- Tree Plantation
- Deep Prajwolan
- Walkathon
- Raffle
- Musical Event



Volunteers lighting the butter lamp during Deep Prajwolan



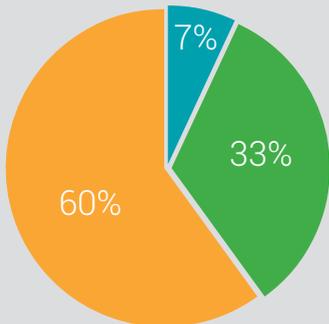
Volunteers



ACHIEVEMENTS IN THE



 Total raised NRs
30, 64,051.351/
Fund Raised



- EVENTS
- ANNUAL DONATION
- CAMPAIGNS

YEAR 2017/018



Learning Monitoring and Evaluation

22 FRAMEWORKS DEVELOPED

15 Projects Monitored

7 Projects Evaluated



11 Capacity Building Trainings



Volunteers Mobilization

Mobilizing our volunteers is a two way support for both Tewa and our volunteers. Tewa engages local volunteers in different events, provides trainings and opportunities to advocate modern philanthropy and give back to the society. Whereas these volunteer trainings have provided the opportunities for our volunteers to contribute to the work that Tewa has been doing for women empowerment and to create an equitable and just society. Tewa organizes volunteers training twice a year. We trained 44 volunteers this year.

Apart from providing trainings, we also provide opportunities for our volunteers to partake in different other trainings to enhance their knowledge. Volunteers are like the gems of Tewa, because of their constant dedication, belief and support to every event. To appreciate our volunteers, volunteer's award is organized once a year. Till date, Tewa has trained and mobilized 764 Volunteers who actively support the work of Tewa.



Participants of 46th batch volunteers training program



Members of EPSPA Nepal



Exposure Visit:

Together, Moving Forward

Tewa organizes exposure visits to our grantee partner organizations twice a year for our volunteers so that they can directly know about the work our grantee partners are doing through the grant/s provided by us. The new batch of volunteers as well as the volunteers from 45th batch were given the opportunity to visit one of our grantee partner organization based in Kathmandu; EPSA (Entire Power in Social Action) is a non- governmental, non-profit organization which aims to improve the life of differently-abled people in the context of Nepal. With the motive of giving economic opportunities and creating a disabled friendly environment this organization has touched the lives of many women facing hardships because of their disability. This organization was established in April 2004 and has been working to enhance the capacity of differently abled people to empower them. The grant given by Tewa was utilized by the organization to support the members of EPSA to start small business for socio-economic empowerment.

Not only does EPSA provide vocational training to make beautiful handicraft items but also gives love, support and a shoulder to lean on to each other. They have not only helped the people economically but also created a family amongst one another who are going through similar situations in life. Before parting, the volunteers and staff couldn't help but buy the shoes, bags, decoration stuffs that they had to offer. Taking a small piece of EPSA home, the volunteers realized the support Tewa is making to empower the most marginalized and the vulnerable women of Nepal.

Children's Program

Tewa initiated children's program in 2007 A.D. with a hope to develop the feeling of community philanthropy in children and also let them grow to become a sensible person. It provides a space for the community children to learn and enhance their personal growth. Tewa has been giving continuity to the ongoing weekly session on Saturday to expose the children to various knowledge and broaden their thinking from different aspects.



Children learning new knowledge at Tewa library

"Children are the living messages we send to the time we will not see."

- Neil Postman



Kamla Bhasin, Sangat Co-ordinator spreading love & joy by defying patriarchy in OBR: International Feminist Solidarity Event

1 Billion Rising

One Billion Rising, OBR is celebrated on 14th February every year. It is a global movement where women, men come out on the street to show solidarity on Violence against Women. The "billion" refers to the UN statistic that one in three women will be

raped or beaten in her lifetime, or about one billion. The campaign expands each year. The theme for the campaign was "Solidarity" Rise, Resist, and Unite. The One Billion Rising gives civil society of Nepal a platform to celebrate women's strength and weakness through OBR celebration. Most importantly, it binds the core work of civil society working in the field of women empowerment and creates awareness in the general public.

Like last year, this year also we celebrated the OBR making it a huge success. Rallies from two different places - one from Lalitpur Metropolitan Office and another from Kathmandu Metropolitan Office was organized, which convened at Maitighar Mandala to attract the attention of government officials,

Home Ministry office, among others which are located close by.

The rally chanted slogans demanding equal women participation in the Provincial states; demanding more women leaders in government bodies with equal rights; gender equality and ending the exploitation of women which was then followed by a group dance by young volunteers from Nepal Mahila Ekata Samaj who danced along with the OBR song.

A good coordination between 35 organizations of civil society was initiated to conduct the global campaign. The huge participation of more than 500 individuals spread the message of ending exploitation against women and putting efforts in ending violence against women in all forms.



Volunteers of Tewa participating in the rally during One Billion Rising 2018

Our Activities

A loose network of 11 grantee partner organizations was formed in Dhanusha called Janaki Mahila Sanjal. The main objective to form this network is to support women's groups through peer learning and regular meetings. Another way Tewa helps this network is by connecting them to different national level networks who are working in women issues especially focusing on child marriage and dowry system in the Terai region.



Members of Janaki Mahila Sanjal



Pooja Roy taking the session during strategic planning mid term review

Strategic Planning Midterm Review

Tewa's new strategic plan for 2014-2019 was prepared by the Founder, Board & General members, staff and advisors under its Theory of Change framework. The mid-term review of the plan was done in January 2018.

Total of 7 volunteers and grantee partners participated in feminist training organized by Jagori Sangat: Jagori conducted 15 days course on Gender, Human Rights, Just Governance, Sustainable Development and Women's Empowerment.

MENTORSHIP PROGRAM:

After official closure of Shadow Barefoot Volunteers Program, we commenced mentorship program in 3 different districts Sindhupalchowk, Gorkha, and Ramechhap. We deployed 3 women from the Hamro Tewa Gaun Ghar (HTG) program for the mentorship of the women's group created during the HTG program. The mentors provide support, guidance, linkage, and help to enhance capacities of the women of these groups.



TRUSTEE COMMITTEE FORMATION



Rita Thapa
(Founder)



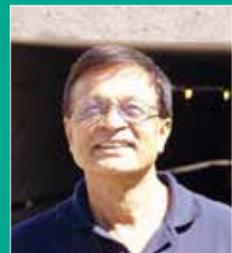
Maggie Shah
(Past President/Donor)



Meera Jyoti
(Past President/Donor)



Meera Bhattarai
(Former Advisor/Donor)



Kamal Rupakheta
(Donor)

Tewa Centre

(Deep Yogini)

Infrastructures



Professor Han Verschure and his wife Marleen Iterbeke officially inaugurated the Anandi 3 (A3) building amidst a special function on 19th September 2017. Professor Han and Marleen were involved in making of A3 from the early design and conceptualization phase and they are also donors in our fund raising campaign for A3.

Sustainable Eco Engineering was hired to do the entire maintenance work of Tewa premises and its facilities.

Transitions



Due to personal reasons, Gita Ghimire and Sameer Khadga resigned from their post. Both were cooks in Deep Yogini.

Kamal Karki joined us as a guard.

Tewa Centre/Deepyogini Occupancy

In the reporting period, 55 residential and 5 days programme were hosted by Tewa to other social organizations and Universities both nationally and internationally.



Inauguration of Aanandi - 3 in presence of Professor Han Verschure and his wife Marleen Iterbeke and other participants

Tewa Team/Leadership

Board of Directors:

Nirmala K.C (*Chairperson*)
Chhing Lamu Sherpa (*Vice Chairperson*)
Riva Thapa (*General Secretary*)
Rama Shrestha (*Treasurer*)
Usha Shrestha (*Secretary*)
Kamala Pradhan (*Member*)
Meeta S. Pradhan (*Member*)
Meera Jyoti (*Member*)
Janaki Shah (*Member*)
Era Shrestha (*Member*)
Sheetal S. Bajracharya (*Member*)

General Members/ Past President

Meera Arjyal (*Member/Past President*)
Maggie Shah (*Member/Past President*)
Draupadi Rokaya (*Member/Past President*)
Sadhana Shrestha (*Member/Past President*)
Amita Adhikary (*Member*)
Chhaya Jha (*Member*)
Narkumari Karki (*Member*)
Pratima Kakshapati (*Member*)
Mohinee Maharjan (*Member*)
Dr Arina Arjyal (*Member*)
Nita Lama (*Member*)
Bijaya Subba (*Member*)
Prajuna K.C. (*Member*)
Usha Malla Pathak (*Member*)
Irina Shrestha (*Member*)
Chandni Singh Karki (*Member*)
Merita Kansakar (*Member*)

Tewa Staff

Urmila Shrestha (*Executive Director*)
Deepak Dewan (*Development Director*)
Ivy Thapa (*Sr. L, M & E Manager*)
Amita Tamrakar (*Sr. Finance Manager*)
Srijana Thapa Pathak (*Admin & HR Manager*)
Anuja Shrestha (*Grant Making Manager*)
Aruna Rai (*Executive Housekeeper*)
Alisha Shrestha (*Finance Officer*)
Dinesh Acharya (*Program Officer*)
Rabi K.C. (*Program Officer*)
Nirjan Shakya (*Program Officer*)
Srishti Jayana (*Communication and Documentation Officer*)
Basanti Lama (*Philanthropy Officer*)
Nikiba Pradhan (*Jr. Program Officer*)
Anima Shrestha (*Sr. Admin Assistant*)
Laxmi Maharjan (*Sr. Receptionist*)
Daya Ram Khatri (*Messenger*)
Subash Neupane (*Chef*)
Menuka Magrati (*Floor Supervisor*)
Kanco Shrestha (*Bus Driver*)
Dipak Shrestha (*Bus Helper*)
Anjali Rai (*Homemaker*)
Radhika Shrestha (*Homemaker*)
Rajani Ghimire (*Homemaker*)
Saraswati Maharjan (*Homemaker*)
Sukumaya Maskey (*Homemaker*)
Sushma Maharjan (*Homemaker*)
Purnamaya Maharjan (*Helper*)
Ramila Adhikari (*Helper*)
Ram Deola (*Cleaner*)
Debaki Thapa (*Kitchen Helper*)
Dhan Kumari Shrestha (*Kitchen Helper*)
Milan Gharti Magar (*Kitchen Helper*)
Anu Maharjan (*Gardener*)
Kesar Maharjan (*Gardener*)
Meena Maharjan (*Gardener*)
Phulmati Tamang (*Gardener*)
Sri Bahadur Adhikari (*Gardener*)
Jagnath Karki (*Guard*)
Shiva Bista (*Guard*)
Shiva Raj Neupane (*Guard*)



साथीहरू,

"Solid but never stolid" अर्थात एक असल समाजको निर्माणमा हामीले केहि ठोस कदम पनि चाल्न पर्ने हुन्छ । यसको निम्ति हामी विना स्वार्थ सो कार्य गरौ किनकि हाम्रा ति कदमहरूमा दया मायाको आभास हुन पनि उतिकै आवश्यक छ ।

समाजमा परोपकारीताका भावना भएका मानिसहरूबाट समाजमा केही परिवर्तन ल्याउन आशा राखिएको हुन्छ र यो शुरुवातदेखि नै चलि आइरहेको छ । परोपकारीता आफ्नो परिवार र नातेदारलाई सुरक्षा गर्नका साथै अतिथि सत्कार भावनाको विकास गर्नु हो । आफ्नो तथा सन्ततीहरूको सुरक्षा गर्ने जस्ता आधारभुत मानविय व्यवहार नै मानव समाजका विस्तारका कडीहरू हुन ।

मानिसहरूको आधारभुत व्यवहारलाई नै पुनरुत्थान गरेर अधि बढाउने काम नै टेवाको लक्ष्य बनेको छ । सामाजिक विकासका लागि परोपकारिता अहिलेको अवधारणा हो जुन परम्परागत रूपमा हेर्दा धर्मका लागि दान दिने चलन भन्दा फरक छ । महिला सशक्तिकरण जस्तो सकारात्मक परिवर्तनलाई जिवन्त बनाई समाजमा सृजनात्मक व्यापत्ता बनाउनु टेवाको एक मुख्य उद्देश्य बनेको छ । हामी उहाँहरूप्रति आभारी छौ जसले टेवाको कामलाई सफल पार्न मद्दत पुऱ्याउनुभएको छ ।

नेपालले सन् २०१८ सालमा स्थानीय संधिय चुनावलाई सफल पारि विकासमा नयाँ फड्को मारेको छ । निर्वाचित महिलाहरूको तथ्याङ्कले अवसर र चुनौतीलाई प्रतिनिधित्व गरेको छ । सिमान्तकृत समाजका महिला निर्वाचित प्रतिनिधिहरूले समावेशी र लैङ्गिक समानतालाई जोड दिएको छ । ३५०४१ जना निर्वाचित प्रतिनिधिहरू मध्ये १४३५२ वा ४०.९६% महिला भएका छन् । नगरपालिकाको उपमेयर पदमा र गाउँपालिकाका उपाध्यक्ष पदमा ९१% महिलाहरू निर्वाचित भएका छन् । आर्थिक, सामाजिक कल्याण र राजनितिक क्षेत्रमा महिलाहरूको सहभागितालाई उजागर गर्न यो एक उपयुक्त समय हो । टेवाले यस्ता क्षेत्रहरूमा सहकार्य अधि बढीरहेको छ ।

हामी हाम्रा राष्ट्रिय तथा अन्तराष्ट्रिय दाताहरूप्रति आभारी छौ । संस्थागत र ब्यक्तिगत दाताहरू जसले हामीलाई हृदयदेखि नै सहयोग र साथ दिनुभएको छ र यसरी दिन प्रति दिन दाताहरूको संख्या बढिरहेको कारणले गर्दा हामीलाई सन्तुष्टिको आभाष भइरहेको छ । यस कार्यलाई सफल पार्नको लागि संलग्न हुनुभएको टेवाको सम्पूर्ण स्वयंसेवीहरू, अनुदान प्राप्त संस्थाहरू, कर्मचारीहरू र बोर्डका सदस्यहरू र साधरण सदस्यहरूको सहरानीय समर्पण छ ।

Nirmalee

निर्मला केसी
अध्यक्ष, कार्य समिति



एउटा भनाई छ कि *"Time flies in a blink of an eye"* अर्थात् समय कति छिटो वित्तो रहेछ । मैले टेवामा कार्यकारणी पद ग्रहण गरेर काम गरेको एक बर्ष भन्दा बढी भइसकेछ । बिगतको त्यो एक बर्षलाई हेर्दा मलाई लाग्छ की हामी निकै अघि बढीसकेका रहेछौं ।

टेवाको मुख्य कार्य अनुदान कार्यक्रम हो । हाम्रो रणनीति स्थानीय परोपकारितामा आधारित रही स्थानीय अर्थ संकलन गर्नु हो जसलाई हामीले सफल पारिरहेकाछौं । सधैँ भैँ हामीसंग अनगिन्ति प्रयासहरू जारी छन् जस अन्तर्गत संस्थापक, कार्य समिति र साधारण सदस्यहरू, स्वयंसेवीहरू, अनुदान प्राप्त संस्थाहरूका महिलाहरू र कर्मचारीहरूको मुख्य भुमिका रहेको छ । हामी २२औँ वर्षमा अगाडी बढीरहेकाछौं, हामीले हाम्रो मुख्य कार्यक्रम भन्दा पृथक रहेर हेर्ने हो भने, हामी विश्वास गर्न सक्छौं की अनुदान प्राप्त संस्थाहरूका लागि क्षमता अभिवृद्धि तालिम र अर्थ सङ्कलन स्वयंसेवी तालिमबाट नेपाली महिलाहरूको नेतृत्व विकास गर्न हामी सफल भएका छौं । हामीले राष्ट्रिय तथा अन्तर्राष्ट्रिय तहका संघसंस्थाहरूलाई हाम्रो अनुदान प्राप्त महिला संस्थाहरूसँग नेटवर्किङ गराउँछौं ।

त्यसैले मैले यो विशेष समयमा निर्धक्क भन्न सक्छु की स्वयंसेवी र अनुदान प्राप्त संस्थाहरूका महिलाहरू टेवाका लागि राजदुत हुन् जसले सधैँ नेपाली महिलाहरूको आवाजलाई माथि उठाउनका लागि आफ्नो समाजमा परोपकारिताको सन्देश फैलाउनका साथै महिलाहरूका गतिशीलतालाई सहयोग गर्न पनि समर्थन गर्दछ ।

टेवाले सधैँ आफ्नो परिधी खुला गरेको छ र यो एउटा मंच हो जहाँ संसारका सम्पूर्ण महिलाहरू सामुहिक रूपमा आउन, आफ्नो ज्ञान र सीपलाई बृद्धि गर्नु, अनि आफ्नो बलियो पनलाई फैलाउन पनि सक्छन् । यी सब कार्यहरू संभव हुने थिएन यदि हाम्रो शुभ चिन्तकहरूले टेवाको स्थापनाकाल देखिनै साथ नदिएको भए । हाम्रो संस्थापिका, सम्पूर्ण भूतपूर्व पदाधिकारीहरू, भूतपूर्व संयोजकहरू, भूतपूर्व कार्यकारिणी निर्देशकहरू, कार्य समिति र साधारण सदस्यहरू, अनुदान प्राप्त संस्थाका महिलाहरू, स्वयंसेवीहरू, राष्ट्रिय तथा अन्तर्राष्ट्रिय दाताहरू र कर्मचारीहरू प्रति म कृतज्ञता छु । उहाँहरू बिना मेरा भनाईहरू अधुरो नै रहनेछन् । अन्त्यमा, मेरो कृतज्ञता सबैलाई जसले हामीलाई विश्वास र सहयोग गर्दै हाम्रो यात्रामा सहभागी हुनुभएको छ ।

धन्यवाद ।

उर्मिला श्रेष्ठ
कार्यकारी निर्देशक

अनुदान कार्यक्रम

टेवाको स्थापना कालदेखि नै अनुदान कार्यक्रम एउटा मुख्य कार्यक्रमको रूपमा रहि आएको छ । टेवाले नेपालका ति महिला संस्थाहरूलाई अनुदान दिँदै आइरहेको छ, जसले देशका विभिन्न क्षेत्रको अवस्थामा परिवर्तन गर्नका लागि, आफ्नो समुदायमा आफ्नो हैसियतलाई रूपान्तरण गर्नका लागि र स्थानिय शान्ति निर्माणका लागि काम गर्दै आइरहेको छ ।

यस अनुदान कार्यक्रमको मुख्य उद्देश्य सिमान्तकृत तथा पिछडिएको महिलाहरूको जीवनमा सकारात्मक परिवर्तन ल्याउन पहल गर्नु हो, लगानी र क्षमता विकासको माध्यमद्वारा महिलाहरूलाई संगठित हुन सामुहिक रूपमा आफ्नो आवाज सशक्त बनाउन, र आफ्नो मुद्दा र समस्याहरूलाई अगाडि ल्याउन सहयोग गर्नु हो ।

महिलाहरूको सामाजिक तथा आर्थिक स्तरलाई उत्थान गर्न र उनीहरूको आवाजलाई बुलंद बनाउन, नेतृत्वलाई सशक्त पार्न टेवाको अनुदान कार्यक्रमको सुरुवात गरिएको थियो । यस अनुदान कार्यक्रम अर्न्तगत, यो वर्ष पनि हामीले नेपालका महिला संस्थाहरूको पहललाई समर्थन गर्दै र महिला संस्थाहरूको दिगोपनाको लागि ५१ महिला संस्थाहरूमा अनुदान दिन सफल भएका छौं ।



रु.
७६,९६,५००/-

६३
अनुदान

५१
महिला संस्थाहरू

५४१५५
लाभान्वित
व्यक्तिहरू

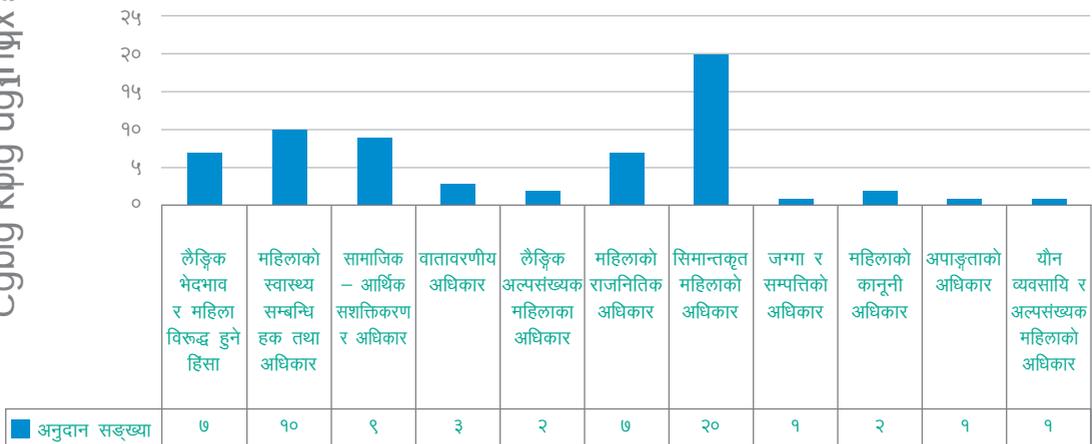
अनुदान वितरण तथ्याङ्क



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अनुदान सङ्ख्या

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अनुदान वितरण

२०१७/२०१८

क.स.	अनुदान प्राप्त संस्थाको नाम	जिल्ला	अनुदान रकम
१	आदिवासी जनजाति महिला उत्थान केन्द्र	सिन्धुपाल्चोक - ३	रु १५१,७५०.००
२	अपाङ्गता अधिकारको लागि महिला समुह	काठमाण्डौ - ३	रु ६०,६००.००
३	बोधी जार्गत महिला संस्था	संखुवासभा -१	रु १००,२५०.००
४	विश्वास नेपाल	काठमाण्डौ - ३	रु ९०,८००.००
५	विवेकशील महिला कृषि सहकारी संस्था लिमिटेड	भापा - १	रु ७५,०००.००
६	भोर	धनुषा -२	रु ३००,०००.००
७	विकासका लागि शान्ति अभियान	काठमाण्डौ - ३	रु २००,७५०.००
८	दलित महिला एकता केन्द्र	दाङ - ५	रु ३००,०००.००
९	डाँफे कस्तुरी महिला वचत तथा ऋण सहकारी संस्था	बैतडी - ७	रु ५०,०००.००
१०	धनुषा महिला समाज	धनुषा -२	रु ७५,०००.००
११	दलित महिला एकता केन्द्र	दाङ - ५	रु २०,०००.००
१२	एकता नेपाल	कैलाली -७	रु ५०,०००.००
१३	फातिमा फाउन्डेसन	बाँके - ५	रु २५०,०००.००
१४	गृह श्रमिक सरोकार समाज नेपाल	काठमाण्डौ - ३	रु २९६,९५०.००
१५	गतिशील समुह नेपाल	काठमाण्डौ - ३	रु ५२,०००.००
१६	आदिवासी जनजाति महिला कानुनी समुह (इनवल्याग)	ललितपुर -३	रु २७२,०००.००
१७	जागरण महिला विकास समाज	काठमाण्डौ - ३	रु ६०,५००.००
१८	जागरण महिला संघ	बर्दिया -५	रु १००,०००.००
१९	लुम नेपाल	काठमाण्डौ - ३	रु ३००,०००.००
२०	महिला साहारा सामाजिक संस्था	काभ्रे -३	रु ११२,५००.००
२१	महिला सशक्तिकरण तथा बहुउद्देश्यीय समाज (वेम्स)	काठमाण्डौ - ३	रु ९०,०००.००
२२	मातृभूमि विकास नेपाल	काठमाण्डौ - ३	रु ८०,०००.००
२३	मनस्वी पारिजात महिला केन्द्र	ललितपुर -३	रु ७५,०००.००
२४	महिला मुक्ति समाज	डडेल्धुरा -७	रु २२०,०००.००

क्र.स.	अनुदान प्राप्त संस्थाको नाम	जिल्ला	अनुदान रकम
२५	महिला जागरण सहयोग समुह	रूपन्देही -५	रु ६०,०००.००
२६	महिला अधिकार केन्द्र	धनुषा-२	रु ७५,०००.००
२७	महिला सशक्तिकरण संस्था	सर्लाही -२	रु ६०,०००.००
२८	मूलधार महिला सेवा केन्द्र	उदयपुर -१	रु १००,०००.००
२९	नेपाल महिला एकता समाज	काठमाण्डौ - ३	रु २०,०००.००
३०	नेपाल महिला सीप विकास मंच	दाङ-५	रु ५०,०००.००
३१	नेपाल चेतना केन्द्र	अर्घाखाँची -५	रु ७१,५००.००
३२	नेपाल मुशिलम महिला कल्याण समाज	काठमाण्डौ - ३	रु १३९,२५०.००
३३	प्रगतिशील महिला आपसी विकास संस्था	मकवानपुर -३	रु ४७,३००.००
३४	पौरखी महिला समाज	रामेछाप-३	रु ५०,०००.००
३५	पूर्णिमा महिला मौरी पालन सहकारी संस्था लि.	मोरङ -१	रु ४०,०००.००
३६	संकल्प	ललितपुर -३	रु १००,०००.००
३७	समावेशी मंच नेपाल (बद्री पुन)	काठमाण्डौ - ३	रु ५०,०००.००
३८	संरक्षक समाज वाग्लुङ	वाग्लुङ-४	रु १००,०००.००
३९	संरक्षक म्याग्दी	म्याग्दी- ४	रु १००,०००.००
४०	श्री वारपाक निर्माण महिला समुह	गोर्खा - ४	रु ५०,०००.००
४१	समविकासको लागि नवभुमि	काठमाण्डौ - ३	रु ४८,०००.००
४२	स्पीड नेपाल	कैलाली -७	रु ५४,७५०.००
४३	सयपत्री बहुउद्देश्य कृषक महिला संस्था	तेहथुम- १	रु ४२,०००.००
४४	सामाजिक सचेतना महिला संजाल	कैलाली -७	रु १२५,०००.००
४५	सिद्धिपुर महिला सशक्तिकरण समाज	ललितपुर -३	रु ४३,५००.००
४६	विमन फर ह्युमन राईट्स सिङ्गल विमन ग्रुप	ललितपुर -३	रु ४४,०००.००
४७	विमन फर ह्युमन राईट्स सिङ्गल विमन ग्रुप (सुनाकोठी)	ललितपुर -३	रु ७८,५००.००
४८	सामाजिक जनचेतना र विकासको लागि महिला समुह (ओक्याड)	धनकुटा - १	रु २००,०००.००

महिला मुक्ति समाज

HERE IS TO STRONG WOMEN,
MAY WE KNOW THEM,
MAY WE BE THEM,
MAY WE RAISE THEM

– Stacey Bendet - Alice Olivia

इश्वरी खडाएक अप्प्यारो अवस्थामा हुन्थिन् यदि महिला मुक्ति समाजले उनलाई सहयोग नगरिदिएको भए । इश्वरी एक अविवाहित महिला हुन् जसको प्रहरी पदमा भएका एक जना पुरुषसँगको निकटताबाट एक सन्तानको जन्म भयो । यसरी नजिकको सम्बन्ध हुदाँहुदै पनि त्यस ब्यक्ति आफ्नो जिम्मेवारीबाट पन्छियो । यसै क्रममा महिला मुक्ति समाजले उनलाई सहयोग स्वरुप त्यस ब्यक्तिसँग कुरा गर्ने वातावरण मिलाइदियो । फलस्वरुप त्यस ब्यक्तिले बच्चाको पालनपोषणको लागि आफ्नो तलबको आधा रकम दिने निर्णय गर्‍यो । इश्वरीले उक्त रकम सानो पसल खोल्न लगानी गरिन् । हाल यस पसलबाट नै आयआर्जन गरि आफू र आफ्नो बच्चाको जीविको पार्जन गरिरहेकी छिन् ।



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सन् १९९५ सालमा स्थापना गरिएको महिला मुक्ति समाज महिलाद्वारा संचालित संस्था हो । यस संस्थाको मुख्य उद्देश्य महिला तथा बालबालिकाहरूको हक अधिकारमा लड्नु हो । विशेषगरी यस संस्थाले हिंसा प्रभावित महिला र सिमान्तकृत महिलाहरूको जीविकोपार्जनलाई दिगो बनाउन काम गर्दछ । डडेल्धुरा जिल्लाका महिलाहरू विभिन्न हिंसा जस्तै घरेलु हिंसा, यौन हिंसाबाट प्रभावित छन् र उनीहरूसँग आवश्यक कानुनी कागजातहरू (जन्म दर्ता प्रमाणपत्र, नागरिकता, विवाह दर्ता) को अभाव देखिन्छ ।

स्थापना कालदेखि नै विशेषगरी यस संस्थाले समुदायका हिंसा प्रभावित महिलाहरूका लागि काम गर्दै आइरहेको छ । सन् २००९/१० सालमा महिलाको कानुनी अधिकार र वकालत सम्बन्धि कार्यक्रम संचालन गर्न यस संस्थाले टेवाबाट पहिलो अनुदान प्राप्त गरे । यो कार्यक्रम पछि टेवाको संस्थापिका रीता थापा, हालको कार्यकारी निर्देशक उर्मिला श्रेष्ठ, पूर्व कार्यकारी निर्देशक साधना श्रेष्ठ र पूर्व कर्मचारी एलिसा शर्मा अध्ययन अनुगमनका लागि यस संस्थामा भ्रमण गर्न जानुभएको थियो । यस भ्रमणको समयमा टेवाको संस्थापिका रीता थापाले संस्थाको दिगोपनाका लागि रु. २०००/- सहयोग स्वरूप प्रदान गर्नुभएको थियो । डडेल्धुरा स्थित महिला मुक्ति समाज एक मात्र संस्था हो जसले अल्पसंख्यक महिलाको अधिकारको लागि आवाज उठाइ राखेको छ र हिंसामा परेका महिलाहरूका लागि कानुनी सहयोग दिँदै आइरहेको छ । आफ्नो संस्थाको दिगोपनाको लागि यस संस्थाले अक्षयकोषको शुरुवात गर्नु र त्यो पैसालाई बैकमा मुद्दती खातामा जम्मा गरियो । बैकबाट आउने ब्याजबाट संस्थाको प्रशासनीक खर्चलाई धान्नका लागि यस धारणालाई अघि सारियो ।

टेवाको पहिलो अनुदान देखि अहिले सम्म यस संस्थाले समाजमा धेरै सकारात्मक परिवर्तनहरू ल्याएको छ । समुदायमा भइरहने महिला माथिको हिंसालाई र महिलाको

कानुनी अधिकारको बारेमा जनचेतना दिन यस संस्थाले मदत पुऱ्याएको छ । लगत्तै महिला मुक्ति समाजले सन् २०१४/१५ सालमा टेवाबाट आफ्नो दोश्रो अनुदान प्राप्त गरे । जुन अनुदान स्थानीय सरकारद्वारा निर्माण गरिएको सेफ हाउसको मर्मत संभार र हिंसामा परेको महिलाहरूको नेतृत्व विकासका लागि तालिमको साथै काउन्सिलिङ प्रदान गर्ने जस्ता कार्यक्रमहरू संचालन गरिएको थियो । यस सेफ हाउसले हिंसामा परेका महिला तथा बालबालिकाका लागि बासस्थान र उनीहरूको हेरचाहको सुविधा उपलब्ध गराउँदै आइरहेको छ । यस संस्थाको अद्भुत काम देखेर समुदायका मानिसहरूले सेफ हाउसको जिम्मा यो संस्थालाई जिम्मेवारी दिइएको थियो । यस सेफ हाउसको शुरुवात एउटा सानो कोठाबाट भएको थियो । तर आज यो संस्था र समुदाय मिलेर सेफ हाउसको लागि छुट्टै भवनको निर्माण गरेको छ । महिला शसक्तिकरणको काम शुरु गरे देखि अहिले सम्म यस संस्थाले समाजमा आइपरेका समस्याहरू मध्ये ३१६ वटा समस्याहरू समाधान गरिसकेका छन् । जस अन्तर्गत बलात्कार, घरेलु हिंसा, मानिस हराएको, बहुविवाह जस्ता घटनाहरू थिए । हाल यस सेफ हाउसले ६८ महिलाहरू र १६ बालबालिकाहरूलाई बासस्थानको सुविधा दिएको छ ।

संस्थागत विकास र जनप्रतिनिधि महिलाहरूको क्षमता विकासका लागि र सेफ हाउसमा बसेका महिलाहरूका लागि कानुनी परामर्श प्रदान गर्न टेवाले सन् २०१७/१८ सालमा अर्को अनुदान दिएको थियो । यो परियोजना अहिलेको वर्तमान सन्दर्भको महिला प्रतिनिधिहरूको निर्णय लिन सक्ने क्षमतामा सम्बन्धित छ । यस संस्थाले महिलाहरूले सामना गरेका चुनौतिहरूलाई सम्बोधन गर्नु र उनीहरूको राजनितिक अधिकार तर्फ जनप्रतिनिधि महिलाहरूको ध्यानाकर्षण गराउन मदत गर्दछ ।

क्षमता अभिवृद्धि कार्यक्रम

टेवाको क्षमता अभिवृद्धि कार्यक्रम निरन्तर रूपमा अघि बढिरहेको छ । यस क्षमता अभिवृद्धि कार्यक्रमले अनुदान प्राप्त महिलाहरूको क्षमताको विकास मात्र नगरि उनीहरू वीचको संबन्धलाई सवलीकरण पनि गर्दै आइरहेको छ । टेवाले सन् २००८ सालदेखि विभिन्न विषयमा क्षमता अभिवृद्धि तालिम नियमित रूपमा संचालन गर्दै आइरहेको छ ।

यस वर्ष टेवाले विभिन्न जिल्लाहरूमा ११ वटा क्षमता अभिवृद्धि तालिम संचालन गर्न सफल भएको छ । यस तालिमलाई टेवाको अनुदान प्राप्त महिलाहरूले निकै नै कदर गरिएको छ । जस अन्तर्गत ७० वटा महिला संस्थाहरूबाट २३० जना महिलाहरू सहभागी हुनुभएको थियो ।



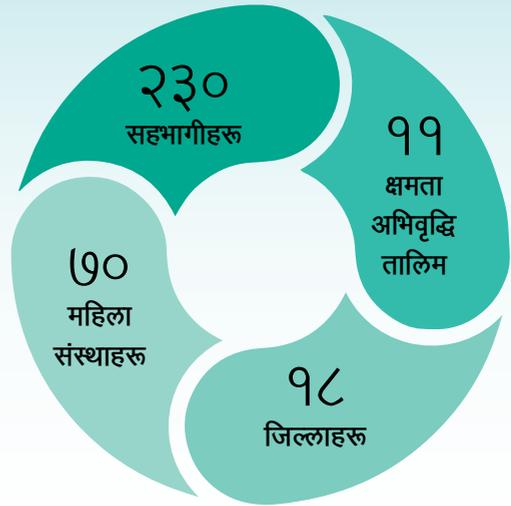
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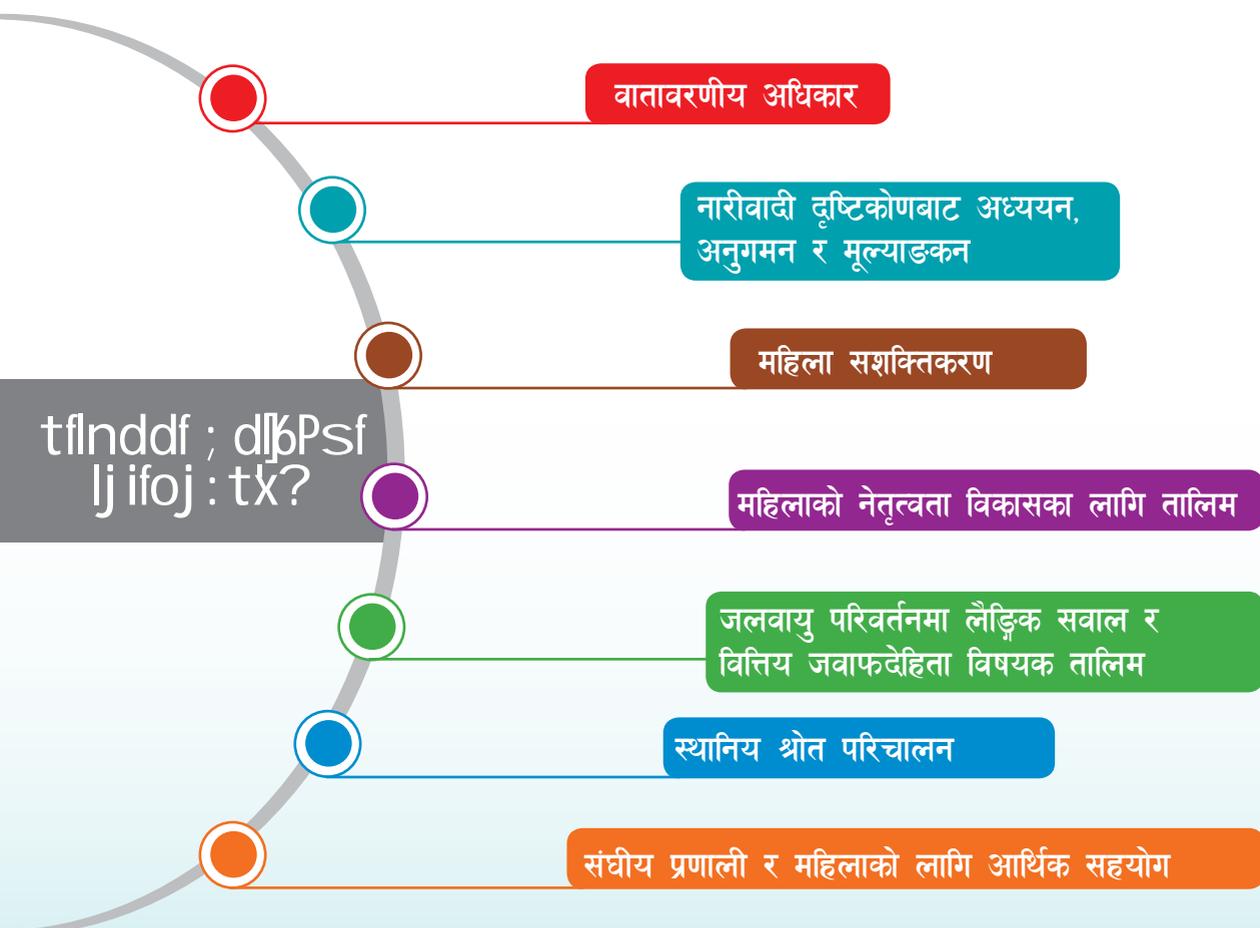
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क्षमता अभिवृद्धि तालिमको तथ्याङ्कहरू





अध्ययन, अनुगमन र मूल्याङ्कन

टेवाले सन् २०१४ सालमा अध्ययन, अनुगमन र मूल्याङ्कन निकायको शुरुवात गरिएको थियो । यस निकायले प्राप्त सुचनाहरूलाई व्यवस्थित गरेर गएको अनुदानहरूको प्रभावकारीतालाई मूल्याङ्कन गर्दै आइरहेको छ । टेवाको अध्ययन, अनुगमन र मूल्याङ्कन निकाय, तीनवटा सिद्धान्तमा आधारित छ : यो अधिकार अवधारणामा आधारित छ, यसले नारीवादी विचारधारालाई अपनाउछ र यसले सकारात्मक सोधखोज (Appreciative Inquiry) लाई प्रोत्साहन गर्दछ । यस निकायले हाम्रो अनुदान प्राप्त संस्थाहरूको परियोजना संचालन गर्न र परियोजना मार्फत महिलाहरूको जीवनमा आएको परिवर्तनलाई विश्लेषण गर्न सहयोग गर्दछ ।



अध्ययन, अनुगमन र मूल्याङ्कन निकायले दुई वटा ढाँचा (अनुगमन र मूल्याङ्कन) अपनाएर खाकाँहरू तयार पार्दछ । यस वर्ष हामीले १४ वटा संस्थाहरूको अध्ययन अनुगमन गरेको थियो । जस मध्ये १२ वटा संस्थाको अनुगमन/मूल्याङ्कन गर्न र २ वटा संस्थाहरूलाई अनुदान प्रदान गर्न अघि अवलोकन गर्ने उदेश्यले भ्रमण गरिएको थियो । परियोजनाको अनुगमन/मूल्याङ्कन गर्न हामीले अनुदान प्राप्त संस्थाहरूमा भ्रमण गन्थौं र भ्रमण असंभव भएको स्थानहरूमा टेलिफोनको मार्फतबाट ढाँचा तयार पारेका थियौं ।



यस ढाँचाबाट आएको नतिजालाई टेवाका अनुदान कार्यक्रमका ३ वटा लक्ष्यहरू (१. सबैभन्दा जोखिममा रहेका र सिमान्तकृत महिलाहरूको क्षमता सबलीकरण गर्नु, २. महिलाहरूको निर्णय लिन सक्ने क्षमता र नेतृत्व अभिवृद्धिलाई सहयोग गर्नु, ३. महिलाहरूलाई राजनीतिक रूपमा सहभागी हुन, वकालत गर्न र प्रभावित गर्न सबलीकरण गर्न सक्ने बनाउने) र चौथो वर्ग अनुदान प्राप्त संस्थाहरूको क्षमता अभिवृद्धिलाई विश्लेषण गर्दछ ।

बाधा अडचनको बावजूद पनि आफु अघि बढ्नु

गार्खिरा मन्थली रामेछापका फूलमाया माभी, होजेरी तालिमका प्रशिक्षक हुन । उनी आफैमा सशक्त भएर आर्थिक रूपमा आफु र आफ्नो परिवारको जिम्मेवारी लिन सक्ने भएकी छिन् । सामान्य परिवारकी जेठी छोरी फूलमायाले बाल्यकालदेखि नै आफ्नो पारिवारिक पेशा, माछापालन र कृषिमा सहयोग गर्दै आइरहेकी छिन् । जब ई.स. २०१५ सालमा ७.८ रेक्टर स्केलको विनासकारी भुकम्प गयो, मुख्य प्रभावित जिल्ला मध्ये रामेछाप जिल्ला पनि एक हो । तब फूलमाया आफ्नो एसएलसी सकाएर उच्च माध्यामिक शिक्षामा अध्ययनरत थिइन् । भुकम्प पश्चात् उनको घर पूर्ण रूपमा भत्किएको थियो । यस घटनाले उनको जीवनमा ठूलो प्रभाव पार्यो । उनी आफ्नो पढाईलाई विचैमा रोकेर आफ्नो परिवारको आर्थिक अवस्थालाई बलियो बनाउन लागी परिन् ।

रामेछाप जिल्लामा टेवाले "हाम्रो टेवा गाउँ घर" कार्यक्रम संचालन गर्ने क्रममा फूलमाया पनि टेवाको स्वयंसेवी मार्फत यस कार्यक्रम अन्तर्गत ३ महिनाको होजेरी तालिममा सहभागी भइन् । तालिम पश्चात उनले सिलाई बुनाई मार्फत आर्थिक उपार्जन गर्न थालिन् । फेरी पनि टेवाको स्वयंसेवीहरूले घरेलु तथा साना उद्योग विकास समितिसँग समन्वय गरि थप २ महिनाको होजेरी तालिम संचालन गरे । फूलमायाले यस तालिममा पनि सहभागी हुने मौका पाइन् । फलस्वरूप उनमा आत्मबल भन बलियो भयो र उनले विभिन्न नयाँ प्रकारका सामग्रीहरू बुन् थालिन् । आज उनी होजेरी तालिमको प्रशिक्षकको रूपमा परिचित छिन् । उनी आफ्नो गाउँघर भन्दा बाहिर गएर तालिम दिन सफल भएकी छिन् साथै उनीलाई विभिन्न संघसंस्थाद्वारा सामाजिक आर्थिक सशक्तीकरण अन्तर्गतका कार्यक्रमहरूमा प्रशिक्षकको रूपमा निमन्त्रणा पनि गरिन्छ । उनले दिने होजेरी तालिमको समय अवधि कम्तिमा पनि ३ महिनाको हुन्छ, जस बापत उनले रु. ६० हजार प्राप्त गर्छिन् । आजभोलि फूलमाया देशका विभिन्न स्थानहरूमा गएर तालिम संचालन गर्न व्यस्त भएकी छिन् । यस बाहेक उनले आफ्नो पारिवारिक व्यवसायलाई पनि निरन्तरता दिइरहेकी छिन् ।



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स्थानीय अर्थ संकलन



रु.
२,९००,०००/-

रु.
३,०६४,०५१/-



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नेपालको एक मात्र महिला कोषको रूपमा चिनिदै आएको टेवा, स्थापनाकालदेखि नै अर्थ संकलनका लागि विभिन्न कार्यक्रमहरू र अभियानहरू गर्दै स्थानीय परोपकारीतालाई प्रोत्साहन गर्दै आइरहेको छ । यसले आत्मनिर्भरता र दिगो पनाकालागि स्थानीय स्रोतको परिचालन गर्दछ । परोपकारीता एक शब्दमा मात्र सिमित नभएर यसलाई हामीले लगानी भनेर पनि बुझ्न सक्छौ । यो एक विश्व ब्यापी प्रक्रिया हो, जस मार्फत हामीले आफ्नो समाजका लागि केही गर्नुपर्छ भन्ने सिकाइ राख्दछौ । सामुदायिक परोपकारीताले मानिस तथा समाज बीच विश्वास, विश्वसनीयता र स्वामित्वको विकास गर्दछ । टेवाले विभिन्न समुदायबीच सम्बन्ध विकास गर्दै प्रत्येक समुदायका मानिसहरूमा स्वामित्वको भावना जगाई उनीहरूको क्षमता विकासमा मद्दत पुऱ्याउँदै आइरहेको छ ।

यस बर्ष पनि टेवाले उदाहरणीय काम गरेर आफ्नो लक्ष्य पुरा गर्नको लागि बार्षिक कार्यक्रमहरूलाई निरन्तरता दिँदै स्थानीय व्यक्तिहरूबाट अर्थ संकलन गर्दै आइरहेको छ । स्थानीय रूपमा अर्थ संकलन गर्नका लागि हाम्रो बार्षिक कार्यक्रमहरू मात्र नगरि अन्य अभियानहरूका साथसाथै कार्यकारिणी सदस्यहरू, स्वमंसेवीहरू, कर्मचारीहरूले पनि मुख्य भुमिका निर्वाह गर्दछ । बदलिदो परिवेशमा टेवाले नयाँ र विविध प्रक्रिया अपनाएर स्थानीय अर्थ संकलन गर्दै सामाजिक परोपकारितालाई प्रोत्साहन गर्दै आइरहेको छ ।



- अभियानहरू
- कार्यक्रमहरू
- वार्षिक योगदान

- वृक्षा रोपण
- दीप प्रज्वलन
- पद यात्रा
- चिट्ठा कार्यक्रम
- सांगितिक कार्यक्रम



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स्वमंसेवी परिचालन

स्वमंसेवी परिचालन, टेवा र स्वमंसेवीहरूबीच हुने दुईतर्फी सम्बन्धलाई कायम गर्न मद्दत पुऱ्याउँदछ । टेवाले आफ्नो स्वमंसेवीहरूलाई विभिन्न कार्यक्रम तथा तालिमहरूमा सहभागी गराउनका साथसाथै उनीहरूलाई सामुदायिक परोपकारीताको विषयमा वकालत गर्न अवसर दिन्छ । टेवाले महिला सशक्तीकरण, न्याय र समता मुलक समाज निर्माण गर्नका लागि गर्दै आइरहेको काममा, स्वमंसेवीहरूलाई अप्रत्यक्ष रूपमा संलग्न गराउँदै उनीहरूलाई अवसर प्रदान गर्दछ । टेवाले स्वमंसेवी तालिम बर्षको दुइ पटक संचालन गर्दछ । यस बर्ष टेवाले ४४ जना स्वयम्सेवीहरूलाई तालिम प्रदान गरेको छ ।

स्वमंसेवी तालिमका साथै हामीले हाम्रा स्वमंसेवीहरूको ज्ञान र सीप विकास गर्न विभिन्न तालिममा सहभागी गराउँदछौ । स्वमंसेवीहरूको निरन्तर सर्म्पन, विश्वास, सहयोगका कारणले नै स्वमंसेवीहरू टेवाको एक महत्वपूर्ण अङ्गको रूपमा रहेको छ । त्यसैले उनीहरूको कामको कदर स्वरूप वर्षको १ पटक सम्मान कार्यक्रमको आयोजना गर्दछौ । हालसम्म हामीले ७६४ जना स्वमंसेवीहरूलाई तालिम दिन सफल भएकाछौ ।



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अनुदान प्राप्त महिला संस्थामा भ्रमणः संगै, अधि बढ्दै

टेवाले स्वयंसेवीहरूको लागि वर्षको २ पटक अनुदान प्राप्त महिला संस्थामा भ्रमण आयोजना गर्दछ । यो भ्रमणको मुख्य उद्देश्य, टेवाबाट अनुदान प्राप्त संस्थाले गरिरहेको कामको जानकारी दिनु हो । इप्सा (इन्टायर पावर इन सोसियल एक्सन) गैर सरकारी, गैर नाफा मुलक संस्था हो जुन काठमाडौंमा अवस्थित छ, जसको उद्देश्य नेपालमा रहेका अपाङ्गता भएका मानिसहरूको अधिकारको लागि विभिन्न तहमा काम गर्नु हो । साथै आर्थिक अवसरहरूको लागि उत्प्रेरणा प्रदान गर्दै असक्षम मैत्री वातावरणका साथ महिलाहरूले असक्षमताका कारण भोगिरहेको अप्टेरालाई छुनु हो ।



यो संस्था अप्रिल सन् २००४ मा स्थापना भएर क्षमता विकासको क्षेत्रमा भिन्न तरिकाले काम गरेर अपाङ्गता भएका मानिसहरूलाई शसक्तीकरण गराउन काम गर्दै आईरहेको छ । अनुदान प्राप्त रकमबाट इप्साले आफ्नो सदस्यहरूलाई स-साना व्यवसायको सुरुवात गर्न सहयोग गरेका थिए ।

इप्साले व्यवसायिक तालिम, सुन्दर हस्तकला बनाउने सीपको विकास मात्र नगरी माया, सहयोग र एकआपसमा साथको साटा-साट पनि गर्छन् । यिनीहरूले अपाङ्गता भएका मानिसहरूको आर्थिक विकासका लागि मात्र नभएर जो एउटै समस्यामा जुधिरहेकाहरूका लागि पनि परि वारको सृजना गरिदिन्छ । संस्था भ्रमणको समाप्ती पछि स्वयंसेवी र कर्मचारीहरूले इप्साका महिला दिदीहरूले बनाउनुभएको जुता, भोला अनि सजावटका सामानहरू खरिद गर्नुभयो ।

इप्साको चिनो घर लैजादाँ, स्वयंसेवीहरूले टेवाले नेपालका सिमान्तकृत र पिछाडिएका महिलाहरूको लागि गरिरहेको कामको आभास गर्नुभयो ।

बालबालिका कार्यक्रम

टेवाले बालबालिका कार्यक्रम सन् २००७ सालमा सुरुवात गरिएको थियो । आफ्नै समुदायको र समाजको बालबालिकहरूमा परोपकारिताको भावना जगाउन र भविष्यमा गएर एब जिम्मेवार नागरिक बनेस भन्ने आशाका साथ यो कार्यक्रमको सुरुवात गरिएको थियो । यस कार्यक्रमले बालबालिकाहरूलाई एउटा वातावरण दिन्छ जहाँ उनीहरूले धेरै नयाँ ज्ञानगुणका कुराहरू सिक्न सक्नु र आफ्नो व्यक्तिगत विकासमा सहयोग पुगोस् । यो कार्यक्रम हरेक शनिबार आफ्नै भवनमा संचालन गर्दै आइरहेको छ । बालबालिकाहरूको शिक्षा तथा अन्तरक्रियाकलापलाई बढी ध्यानमा राखेर उनीहरूको सोचलाई विस्तृत गर्ने उद्देश्यले यो कार्यक्रम टेवाले संचालन गर्दै आइरहेको छ ।



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"बालबालिकाहरू जिवित सन्देशहरू हुन्
जसलाई हामी समयमा सन्देश पठाउन सक्छौं तर हेर्न सक्दैनौं ।"

Neil Postman



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vl; kmfb}gf/lj flbLsdnfeil; gm ut ; yfsfj; ohs

उर्लदो सय करोड

उर्लदो सय करोड हरेक वर्षको १४ फेब्रुअरीमा मनाइने एक विश्वब्यापी अभियान हो । यस अभियानमा महिला पुरुष दुबै सडकमा आएर महिला माथि हुने हिंसा विरुद्ध एकबद्धता देखाउने गर्दछन् । यूएनको तथ्याङ्क अनुसार "सय करोड" को अर्थ विश्वको कुल महिला जनसंख्या

३ करोड मध्ये १ करोड महिला (३ मध्ये १) आफ्नो जीवनकालमा शारिरीक तथा यौन हिंसाको परेको देखिन्छ । यो अभियान प्रत्येक वर्ष ब्यापक रूपमा फैलिँदै गइरहेको छ । यस वर्षको नारा "एकबद्धता", "Solidarity" **Rise, Resist, and Unite** रहेको छ । यस उर्दलो सय करोड अभियानले नेपालका नागरिक समाजलाई महिलाका बलियो पक्ष र कमजोरी पक्षलाई उजागर गर्न यस अभियान मार्फत प्रस्तुत गर्दछ । विशेषगरी यस अभियानले महिलाको सशक्तीकरणका लागि काम गर्दै आइरहेको संस्थाहरूलाई बाधिराखेको छ ।

गत वर्ष जस्तै, यस वर्ष पनि उर्लदो सय करोड अभियान भब्यताका साथ सफल पाऱ्यो । ललितपुर र काठमाण्डौ महानगरपालिकाबाट ऱ्यालीको शुरुवात गरि माइतीघर मण्डलामा समापन गरियो । यस स्थानमा भेला

हुनुको मुख्य कारण वरिपरीका सरकारी कार्यालय तथा निकायहरूको ध्यानाकर्षण गर्नु हो ।

यस ऱ्यालीमा हरेक प्रदेशका महिलाहरूको समान सहभागिता, लैङ्गिक समानता, महिलामाथि हुने हिंसाको अन्त्यका लागि नारा लगाउदै वृहत रूपमा मानिसहरू सहभागी भएका थिए । त्यस पश्चात नेपाल महिला एकता समाजका युवा समाजसेवीहरूद्वारा उर्लदो सय करोड गीतमा नृत्य प्रर्दशन गरियो ।

प्रत्येक वर्ष टेवाको संयोजकमा नेपालको नागरिक समाजका ३५ संस्थाहरूको समन्वयमा यस विश्वव्यापी अभियान सफल रूपमा सञ्चालन गरिएको थियो । यस अभियानमा ५०० भन्दा बढी व्यक्तिहरू प्रत्यक्ष रूपमा सहभागी भई महिला माथि हुने हिंसा विरुद्ध आवाज उठाउँदै सन्देश फैलाएका थिए ।



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हाम्रो कृषाकलापहरू

धनुषाका ११ वटा अनुदान प्राप्त संस्था मिलेर जानकी महिला संजाल शुरुवात भएको थियो । यस संजालको मुख्य उद्देश्य महिला समुहहरूलाई निरन्तर छलफल र आपसी सिकाइबाट सहयोग गर्नु हो । यस बाहेक टेवाले यस संजालमा रहेका महिला समुहहरूलाई बालविवाह र दाइजो प्रथा सम्बन्धी काम गरिरहेका विभिन्न राष्ट्रिय तहका संस्थाहरू सँग समन्वय गराउनु हो ।



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रणनितिक योजनाको मध्य अतधिको समिक्षा

परिवर्तन सिद्धान्तको ढाँचा (Theory of Change Framework) अन्तर्गत सन् २०१४ देखि २०१९ को रणनितिक योजना, टेवाको संस्थापिका, बोर्ड तथा जेनरल सदस्यहरू, सल्लाहकारहरू र कर्मचारी मिलेर बनाएका थिए । सन् २०१८ सालको जनवरी महिनामा कार्य समितिका सदस्यहरू, साधारण सदस्यहरू, भूपु अध्यक्षहरू, कर्मचारीहरू उपस्थितिमा यस रणनितिक योजनाको Mid term review गरियो ।

७ जना स्वयंसेवी र अनुदान प्राप्त संस्थाका महिलाहरू जागोरी संगतले आयोजना गरेको १५ दिने नारीवादी तालिममा सहभागी भएका थिए । यस तालिम अन्तर्गत सामाजिक लिङ्ग, मानव अधिकार, न्यायिक प्रशासन, दिगो विकास र महिला सशक्तीकरण जस्ता विषयहरूमा छलफल गरिएको थियो ।



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MENTORSHIP PROGRAM:

वि.स. २०७१ सालको भुक्तम्पमा प्रभावित जिल्लाका समुदायहरूलाई सहयोग गर्दै सञ्चालन गरेको 'हाम्रो टेवा गाँउघरमा' नामक स्वयंसेवि कार्यक्रमलाई निरन्तरता दिन Mentorship Program सञ्चालन गरेको हो। उक्तसमयमा संगठित भएका महिला समुहहरूलाई सशक्तिकरण गर्दै लान र उनिहरूको नेतृत्व विकास गर्दै समुदायमा परिवर्तन स्थापना गर्ने उद्देश्य लिएर भुक्तम्प प्रभावित ३ जिल्लाहरू: सिन्धुपाल्चोक, गोर्खा र रामेछापमा त्यहिँ कार्यरत् स्वयंसेविहरू परिचालन गरी १वर्षको लागि Mentorship Program शुरु गरेको हो।



हिताधिकारी समिति गठन



रिता थापा
(संस्थापिका)



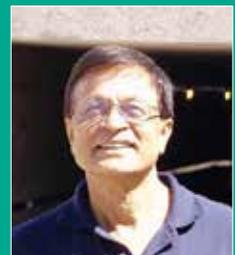
म्यागि शाह
(भु.पु. अध्यक्ष/दाता)



मिरा ज्योति
(कार्यकारीणी सदस्य/दाता)



मिरा भट्टराई
(सल्लाहकार/दाता)



कमल रूपाखेती
(दाता)

टेवा सेन्टर

(दिप योगिनी)

भौतिक पूर्वाधार



प्रोफेसर हान भर्सच्युर र उनकी पत्नी मार्लिन इतरबेकेद्वारा सेप्टेम्बर १९, २०१७ मा आनन्दी ३ भवन को औपचारिक रूपमा उद्घाटन गरियो । प्रोफेसर हान र मार्लिन इतरबेके आनन्दी ३ भवनको डिजाइनिङमा सम्लग्न हुनुका साथै यस भवनको दाता पनि हुन् ।

पद पूर्ति



आफ्ना व्यक्तिगत कारणले गर्दा गीता घिमिरे र समीर खड्काले आफ्नो पदबाट राजिनामा दिए । दुवै जना दिपयोगिनीका कुक थिए ।

कमल कार्कीलाई टेवामा गार्डका रूपमा नियुक्ति गरियो ।

टेवा सेन्टर/दिपयोगिनीको गतिविधि

यस वर्ष जम्मा ६० वटा कार्यक्रमहरू टेवा सेन्टरमा संचालन गरियो । ती मध्ये ५५ वटा आवासीय कार्यक्रम र ५ वटा दिवा कार्यक्रमहरू थिए । यस अन्तर्गत पनि अन्तराष्ट्रिय, राष्ट्रिय सामाजिक संस्थाहरू तथा विश्वविद्यालयद्वारा कार्यक्रमहरू संचालन गरिएको थियो ।



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Tewa

Lalitpur, Nepal

Balance Sheet

As at 32 Ashad 2075 (16 July 2018)

Amount in Rs.

Liabilities	Sch	As at 32/03/2075	As at 31/03/2074
Creditors & Payables (Central)	1	636,071.70	452,939.10
Provision for Depreciation	3	56,318,215.08	47,933,480.03
Funds:	1.1	12,888,741.65	11,782,634.34
Excess of Income over Expenditure:			
General-Surplus Fund Opening Balance		5,026,181.87	29,255,076.52
Less: Transfer to Capital Reserve Fund- Building		-	(30,000,000.00)
Addition during the Year		(3,328,218.21)	5,771,105.35
		1,697,963.66	5,026,181.87
Capital Reserves (Project Assets Fund)	2	16,609,470.00	17,024,839.00
Restricted Project Fund Balance	2	20,987,637.70	8,402,603.56
Capital Reserve Fund -Building		165,340,110.89	165,340,110.89
Total Liabilities		274,478,210.68	255,962,788.79

Assets	Sch	As at 32/03/2075	As at 31/03/2074
Fixed Assets	3	217,379,689.10	216,068,591.10
Project funded Assets	3.1	16,609,470.00	17,024,839.00
Investments	4	8,985,468.36	7,912,584.36
Advances and Receivables	5	9,545,287.03	3,192,009.90
Cash and Bank Balance	6	21,958,296.19	11,764,764.43
Total Assets		274,478,210.68	255,962,788.79

Notes to Financial Statements 11
Schedules 1- 6 & 11 form integral part of this Financial Statement


Rama Laxmi Shrestha
Treasurer


Nirmala K.C., PhD
President

As per our attached report of even date


CA. Jitendra B. Rajbhandari
Senior Partner
J. B. Rajbhandari & Co. P.A.
Chartered Accountants

Kathmandu
Nepal
Registered Accountants


Urmita Shrestha
Executive Director


Amita Tamrakar
Sr. Finance Manager



Executive Committee Members:



Tewa

Lalitpur, Nepal

Income & Expenditure Statement

For the period from 1 Shrawan 2074 to 32 Ashad 2075 (16 July 2017 to 16 July 2018)

Amount in Rs.

Income	Sch	Current Year	Previous Year
Restricted Grant Received	2.2	20,706,537.56	19,049,123.91
Tewa Core Fund (Income)	7	10,037,416.84	20,076,071.04
Total Income (A)		30,743,954.40	39,125,194.95
Expenditure			
Project Expenditure	2.2	20,706,537.56	19,049,123.91
Community Programme Expenses	8	48,900.00	112,174.60
Operational Expenses	9	100,000.00	1,157,756.69
Program Expenses	10	4,832,000.00	4,794,782.00
Depreciation Expenses	3	8,384,735.05	8,240,252.40
Total Expenditure (B)		34,072,172.61	33,354,089.60
Surplus Balance		(3,328,218.21)	5,771,105.35
Project Fund Balance		-	-
Excess of Income over Expenditure		(3,328,218.21)	5,771,105.35

Notes to Financial Statements

11

Schedules 2.2, 3 and 7-11 form integral part of this Financial Statement

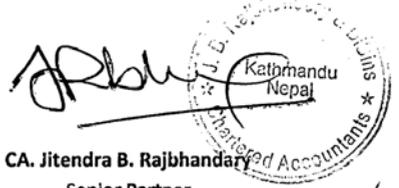
As per our attached report of even date



Rama Laxmi Shrestha
Treasurer



Nirmala K.C, PhD
President


CA. Jitendra B. Rajbhandary
Senior Partner

J. B. Rajbhandary & DiBins
Chartered Accountants



Urmila Shrestha
Executive Director



टेवा
TEWA FOR SUPPORT
२०५३ ★ १९९६

Executive Committee Members:





Amita Tamrakar
Sr. Finance Manager

Donors list

We are thankful to the support our donors, friends, allies, have shown towards us and joined us in our movement to empower women of Nepal.

A special thanks and gratitude to our Ambassador Extraordinary Dr. Susanne E. Jalbert for supporting Tewa build the foundation since the beginning.

National Individual Donors

A

Aabiskar Shahi
Aakriti Maharjan
Aanvi Joshi
Aasha Khawas
Aasika Chaudhary
Aastha Maharjan
Aatma Ram Ghimire
Aayush Lasiwa
Aayush Man Kayastha
Abhiman Maharjan
Abinash karki
Achala Shrestha
Achyutam Sukamani
Agam Jung Khadka
Aishwarya Shrestha
Akanshya Bika
Akanshya Luitel
Alisha Pokharel
Alisha Shrestha
Alnina Neupane
Alpana Rajbhandari
Aman Khadka
Ambika Khatri
Amita Adhikary
Amita Kansakar
Amita Poudyal
Amita Tamrakar
Amodini Thapa
Amrit Bhatta
Amrit Kumari Tamrakar
Ang Diki Sherpa

Ang Diku Sherpa
Ang Pasang Sherpa
Ang Phinjo Sherpa
Anil Das Shrestha
Anil Thapa
Anila Dhakal
Anima Shrestha
Anisha Maharjan
Anita Gurung
Anita Joshi
Anita Kansakar
Anita Karki
Anita Lama Gurung
Anita Maharjan
Anita Mishra didi
Anita Poudel
Anita Silwal
Anita Thapa
Anjali Rai
Anjan Poudel
Anjana Bade
Anjana Pandey
Ankit BK
Ankit Man Kayastha
Anoma Prajapati
Anu Maharjan
Anu Manandhar
Anu Regmi
Anu Shrestha
Anuja Shrestha
Anup Malakar
Anup Nakarmi

Anupama Shrestha Manandhar
Anuska Shrestha
Aparna Shrestha
Arati Sijapati
Archana Bajracharya
Archana Shrestha
Archana Suwal
Arhat Maharjan
Arjun Joshi
Arun Man Kayastha
Aruna Rai
Aruna Regmi
Arush Adhikari
Arush Shah
Aryan Gautam
Asha Sawas
Asha Thapa
Ashmita Dani
Asmita Suwal
Astamaya Maharjan
Astha Khadka
Atamram Thapa

B

Babita Shrestha
Badri Prasad Rai
Badri Pun
Bandana Sharma
Bandhan Karki
Bandita Verma

Basanti Lama
Basudha Gurung
Basuki Raj Regmi
Bel Maya Malla
Bhagwati Acharya
Bhagwati Rayamajhai
Bhai Krishna Sinkemana
Bhanu Joshi
Bharat Maharjan
Bharat Rupakheti
Bhaskar Rayamajhi
Bhawana Adhikari
Bhawana Panta
Bhawani Newa
Bhawani Panta
Bhuma Lamichhane
Bhumika Maharjan
Bhushan Tuladhar
Bibek Pradhananga
Bibek Shrestha
Bibek Shumsher J B Rana
Bidhya Basnyet
Bidhya Tuladhar
Bigyan Prajapati
Bijaya Subbba
Bijen Raghubanshi
Bijendra Man Gorkhali
Bikalpa Adhikari
Bikash Shahi
Bikash Shrestha
Bikash Simkhada
Bikesh Maharjan

Bikram Tamang
Bimala Bajracharya
Bimala Basnet
Bina Basnet
Bina Devi Manandhar
Bina Manandhar
Bina Shrestha
Binaya
Binaya Kansakar
Binaya Panthi
Binda Mahat
Binita Karki
Binod Maharjan
Binod Raj C Suwal
Binod Shrestha
Binod Tuladhar
Bipana Moktan
Birendra Tuladhar
Bisaka Bajracharya
Bishnu Budathoki
Bishnu Magar
Bishnu Sharma
Bishnu Subba
Bishnu Thapa
Bishwo Maharjan
Buddhi Laxmi Maharjan
Bunusa Rai
Busu Shrestha

C

Chanamati Majhi
Chandan Kumar Sunar
Chandani Shrestha
Chandawati Maharjan
Chandra Laxmi Shrestha
Chandra Thapa
Chatra B. Shrestha
Ching Lamu Sherpa
Chini Maiya Khatri
Chinu Mayia K.C
Chiri Maiya Maharjan

D

Dal Kumari Saru
Damber B. Shrestha
Damodar Khadka
Dayaram Khatri
Deb Shova Hilter
Deepa Basnet

Deepak Dewan
Deepak Ghimire
Deepak K Rijal
Deepak Karki
Deepak Shrestha
Deepanjali
Deepika K.C
Deepshikha
Dev Lata K.C
Devaki Basnet
Devaki Khadka
Dewa Regmi
Dewaki Khadka
Dhana Bahadur Maharjan
Dhanamaya Maharjan
Dhankumari K.C
Dhanu Jaspau
Dharma Narajan Dongol
Dharma Raj Shrestha
Dhrigha Raj Joshi
Dhruba Laxmi Kansakar
Dhurba Gautam
Dibesh Neupane
Dibya Laxmi Kansakar
Dikendra Rajopadhyaya
Dil Krishna Prajapati
Dil Kumar Shrestha
Dil Lawat
Dilila Lama
Dinesh Acharya
Dinesh Karki
Dinesh Kumar Shrestha
Dinesh Malla
Dinesh Sedai
Dipika Thapa
Dirshan Basnet
Diwas Shrestha
Diya Rijal
Dr. Abhishek Tiwari
Dr. Anirudra Devkota
Dr. Arina Arjyal
Dr. Balaram Thapa
Dr. Bimal Pandey
Dr. Eloma Shrestha
Dr. Kripa Maharjan
Dr. Lhakpa Norbu Sherpa
Dr. Meeta S. Pradhan
Dr. Nirmala K.C
Dr. Parash Acharya
Dr. Rabina Khadka
Dr. Raju Chapagain
Dr. Renuka Joshi
Dr. Saurav Shrestha

Dr. Sudha and Suman Basnet
Dr. Suman Thapa
Dr. Swaraj Rajbhandari
Dujang Sherpa
Durga Karki
Durga Shrestha

E

Era Shrestha
Evana Shrestha

F

Fulmati Tamang

G

Ganesh Man Maharjan
Ganga Maya Maharjan
Ganga Ram Thapa
Gaunath Bhattarai
Gayatri Poudel
Geeta K.C
Geeta Shah
Ghanshyam Gautam
Gita Ghimire Rijal
Gita K.C
Gita Rajkarnikar
Gita Tamrakar
Gita Thapa
Goma Thapa Karki
Gopal Lama
Gorimaya Nagarkoti
Govind Acharya
Gunawati Bista
Gyani Laxmi Maharjan
Gyani Maharjan
Gyanu

H

Haresh Pandey
Hari Bahadur Basnet and
Family
Hari Prasad Sharma
Haris
Harka Bahadur Adhikari
Harsha/Anju Tamrakar

Hazel Singh Shrestha
Heera Prabha Kansakar
Hem Chandra Bhattarai
Hema Bhandari
Hemanta Kasa
Hemanta Rijal
Hira Maharjan
Hitler Bishet
Hitler Malla
Hom Bhattarai

I

Imran Subhani
Indira Kansakar
Indu Koirala
Indu Thapa
Irina Shrestha
Irina Shrestha
Ishwori Shrestha
Ismita Karki
Ivy Thapa

J

Jagadish Nanda Vaidya
Jagriti Shrestha
Janak Poudel
Janaki Shah
Janaki Shrestha
Jasmine Kansakar
Jaya Jha
Jayanti Basnyet
Jebika Shilpakar
Jeet B. Shrestha
Jeevan Maharjan
Jeevan Satyal
Jeevan Shrestha
Jenika Shrestha
Jenish Shilpakar
Jenisha Katwal
Jharana Maharjan
Jilendra Sharma
Jip Tsering Lama
Jitesh Raghubanshi
Joshan Katwal
Jugal Shrestha
Juna Ranamagar
Jyostika Khadka
Jyoti Kunwar
Jyoti Shrestha

K

Kabita Koirala
Kabita Shrestha
Kabita Thapa
Kafu Khadka
Kalimaya Thapa
Kalpana Budhathoki
Kalpana Dhakal
Kalpana Prajapati
Kamal B. Shrestha
kamal Karki
Kamal Keshari Tuladhar
Kamal Rupakheti
Kamal Tara Stapit
Kamala Kansakar
Kamala Karki
Kamala Panta
Kamala Pradhan
Kamala Shrestha
Kamana Bista
Kanchan Karki
Kanchi Maharjan
Kanchi Shrestha
Karina Maharjan
Karma Maharjan
Karma Tamang
Karun Shrestha
Kassak Adhikari
Kaushan Yogi
Kavita Sherchan
Keshabati Kasa
Keshar Maharjan
Keshav Maharjan
Keshav Prasad Khanal
Khusbu Sunuwar
Khusi Bohara
Kiran Rana
Kiran Sharma
Kiran Shrestha
Kiran Singh
Kisnamaya Maharjan
Kookoola Ko
Kripa Karki
Kripan Khadka
Krishan Shrestha
Krishna Kumar Khatri
Krishna Lal Shrestha
Krishna Shrestha
Krishnamaaya Maharjan
Krishnawati Thapa
Krita Timsina

Kshitiz Ale Magar
Kundalshor Rai
Kuntala Devi Rai

L

Labina Kansakar
Lalita Khadka
Lalita Maharjan
Lalo Sharma
Lasata Dangol
Late. Asta Kumar Sinkemana
Laxman Man Shrestha
Laxmi Bank
Laxmi Bhadra Ojha
Laxmi Bhakta Maharjan
Laxmi Bohara
Laxmi Keshari Kansakar
Laxmi Maharjan
Laxmi Maharjan 2
Lhakpa Sherpa
Lhakpa Tenji Lama
Liam Bishet K.C
Lila Poudel
Lily Thapa
Lina Khadka
Lipika Karmacharya

M

Madan Pulami
Madhu Puri
Madhu Shrestha
Madhu Sudan Thapa
Madhuri R. Singh
Madhusadan Thakur
Maggie Shah
Mahendra Kanta Mainali
Mahesh Nepal
Maheshwor Shrestha
Mahima Shah
Maiya Khadka
Maiya Tamang
Malika Bajracharya
Mallika K.C Thapa
Mamta Shrestha
Man Bahadur Chadhary
Mana Sinkemana
Mandil Sinkemana
Mandira Dahal

Mandira K.C
Mandira Karmacharya
Mangal Das Maharjan
Mani/Sunita Joshi
Manila Shrestha
Manisha Sapkota
Manisha Sunuwar
Manisha Yonjan
Manita Karmacharya
Manita Kayastha
Manjel K.C
Manjita Lamichhane
Manju
Manju Dahal
Manju Gajurel
Manju Khadka
Manju Phuyal
Manju Shrestha
Manju Thapa
Manjur Pradhan
Mankaji
Manlit Ratna Tamrakar
Manoj Kumar K.C
Manoj Shrestha
Manzeena Shrestha
Marilu Sharif
Marmaya GC
Mary Baidhya
Matak Budhathoki
May B. shrestha
Maya Baniya
Medirie Karmacharya
Meena Bishet
Meena Gurung
Meena Maharjan
Meena Pun
Meena Shrestha
Meena Shrestha
Meena Tuladhar
Meera Arjyal
Meera Jyoti
Melisha shrestha
Menuka Kayastha
Menuka Magarati
Miduki Sherpa
Mina Budathoki
Mina Muktan Sunuwar
Minarbha Manandhar
Mira Dhakal
Mithu Majhi
Mitthu Poudel
Mohan Pulami Magar

Mohanmaya Maharjan
Mona Adhikari
Mona Hada
Mona Khadka
Moon Pradhan
Mukta Acharya
Mukta Pandey
Mukta Shrivastav
Muna Khatiwada
Muna Shrestha

N

Nabina Khatri
Nabina Khatri
Nabina Rajbhandari
Nakkali Maharjan
Nakkali Shakya
Namrata Bhatrni
Namuna Shakya
Nandita Upadhaya
Nar B. Shrestha
Narayan Adhikari
Narayan Bhatta
Narayan Devi Sinkemana
Narayan Prasad Gautam
Naren Suwal
Naresh Giri
Naresh Tolange
Narmaya Shrestha
Neela Shrestha
Neelam Chaudhary
Neelima Khanal
Neema Shrestha
Neena Joshi
Neera Shrestha
Neeta KC
Neeta Shrestha
Nejang L Lamini
Neru Maharjan
Netra Rijal
Ngema Rani Tamang
Nikesh Joshi
Nikhil Shrestha
Nikhil/Kimiko Tuladhar
Nikita Shrestha
Nikita Thapa
Nikkiba Pradhan Maharjan
Nila Kapali
Nilesh Ghimire
Nimchhiri Sherpa

Niranjan Raj Joshi
Nirmal Joshi
Nirmala Bajracharya
Nirmala Gupta
Nirmala K.C
Nirmala Karki
Nirmala Khadka
Nirmala Kumari Gurung
Nirmala Neupane
Nirmala Thapa
Nirmala Shrestha
Niroj Sunar
Nirula Banjara
Nisha Khanal Rijal
Nisha Shakya
Nisha Shrestha
Nissim Gurung
Nita Lama
Nitesh Ghimire
Nitu Bhusal

O

Ozen Rimal
Ozen Shrestha

P

Padam Khadka
Padma Acharya
Padmini Kansakar
Palistha Shakya
Pampha Khadka
Pancha Kanya Sinkemana
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Panmaya Tamang
Paras Joshi
Paras Manandhar
Parbati Gauchan
Parbati Karmacharya
Parbati Shrestha
Pasang Tamang
Pashupati Kunwar
Pooja Sharma
Pooja Upadhaya
Poonam Bhandari
Poonam Shrestha
Pourakh Neupane
Prabal Raghubanshi
Prabhu Bhakta Shrestha
Prabhu Shrestha

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Prabin Shrestha
Prabir Pradhan
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Pradip Dahal
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Prajwal Shrestha
Prakash Chitrakar
Prakash Dhungel
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Praniska Shrestha
Prasansa Mainali
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Prashiv Basnet
Prasiddhi Pokharel
Prateek Bishet
Pratik
Pratik Thapa
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Pujan Maharjan
Punya Ratna Bajracharya
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R

Rabi K.C
Rabin Sangat
Rabina Moktan
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Rabina Sinkemana
Rachana Chaudhary
Radha Maharjan
Radhe Shyam Prajapati
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Radhika Humagain
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Raj Shree
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S

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Sabina Sherpa
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Sabita Shrestha
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Sagun Prajapati
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Sangeeta Raut
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Sangita Bhandari

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Sangita Joshi
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Sangita Shrestha
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Saniya Musyakhwa
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Sapana Tamang
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Sareli Regmi
Sarita Dahal
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Situ Shrestha
Smita Sharma
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Sneha Mandal
Sohan Bahadur Shrestha
Som B. Shrestha
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Soni Chawal
Soni Sapkota
Soniya Timalisina

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Sophie Parajuli
Sornika Balla
Sova Neupane
Srijana Khatri
Srijana Basnet
Srijana K.C
Srijana Khanal
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Srijana Sinkemana
Srijana Thapa Pathak
Srishta Thapa
Srishti Jayana
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Subarna Lamichhane
Subash Neupane
Subekshya Madai
Subheksya Shrestha
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Subina Dawadi
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Sudarshan Regmi
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Sujata Adhikari
Sujata Shrestha
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Sujita Kansakar
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Suku Udas
Sukumaya Maskey
Suman Chaudhary
Suman Shrestha
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Sunila Joshi
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Sushila Sapkota

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Suwarna Regmi
Swachhya Jyoti
Swarupa Timalsina
Swastika Sapkota
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Tiyena Lawoti
Traude Thapa
Tseten P Sherpa
Tulsi Maya Lama
Tulsi Ram Acharya

U
Udash Theeng
Udaya Sharma
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Urmila Kayastha
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VISION

A country without discrimination and injustice, in which all women enjoy their rights, freedom and peace.

MISSION

Through funding and capacity development, Tewa supports women to organize, raise their voices collectively and transform discriminatory policies systems, norms and practices.

THEORY OF CHANGE

When women struggling with poverty, marginalization and invisibility, organize collectively, they amplify their voices, strengthen their leadership and overcome injustice. Our role as Tewa is to support such groups of women by finding their initiatives, enhancing their capacities and connecting them to other relevant groups, and national initiatives and processes.

MAKE A GIFT

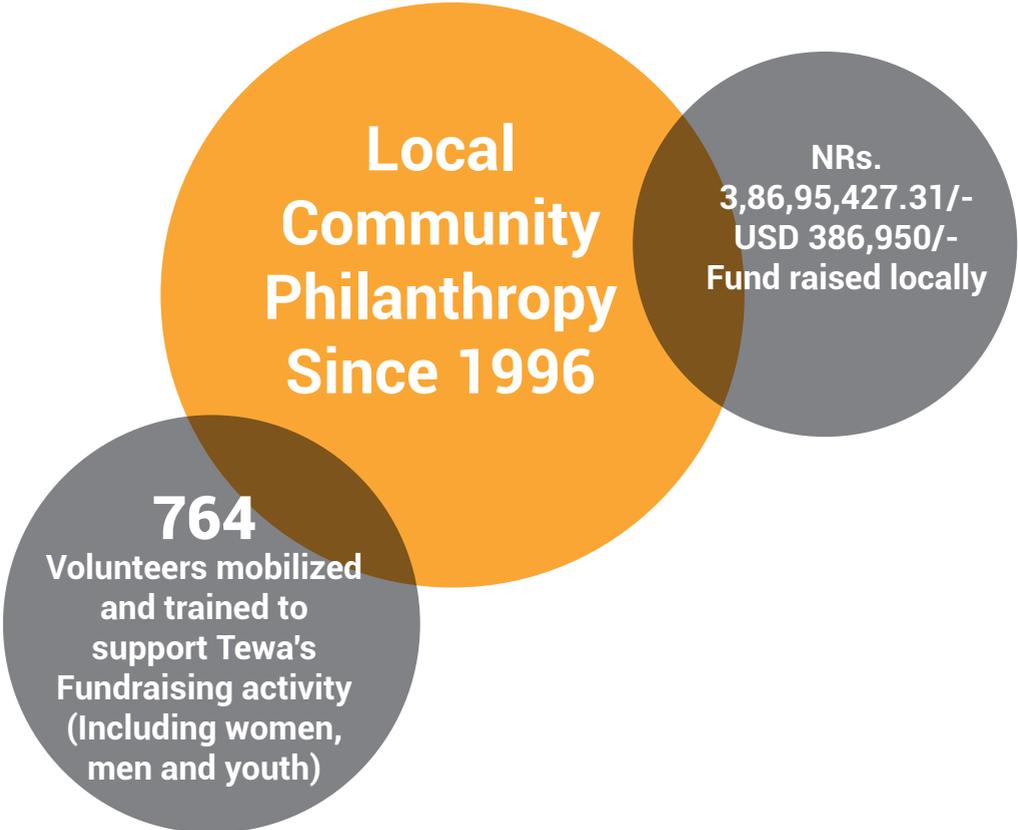
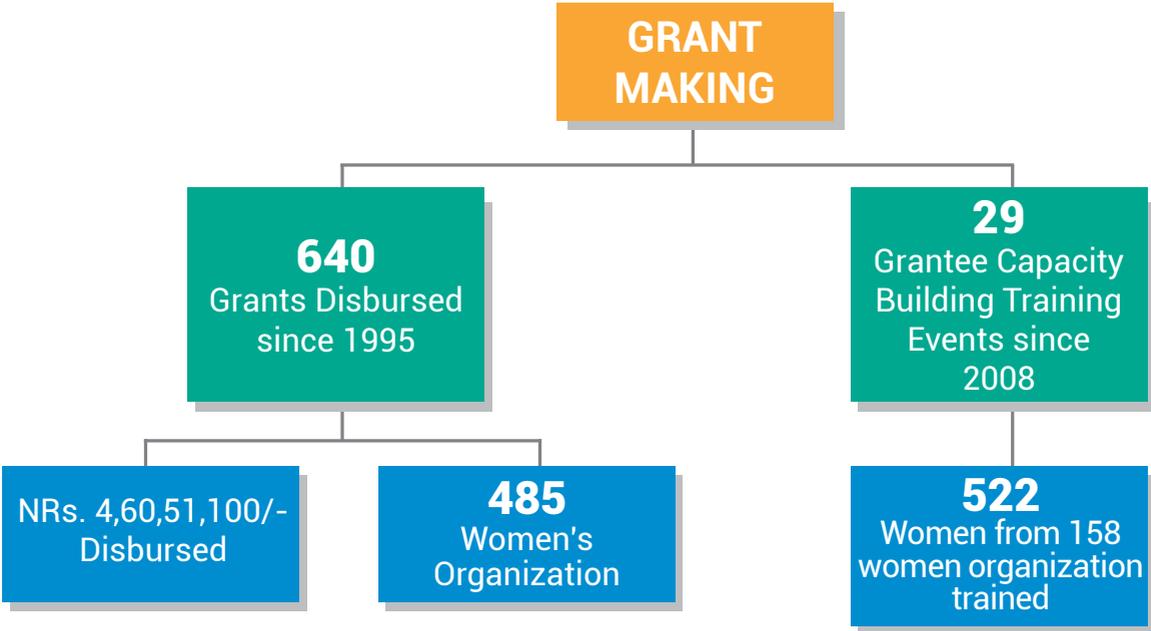
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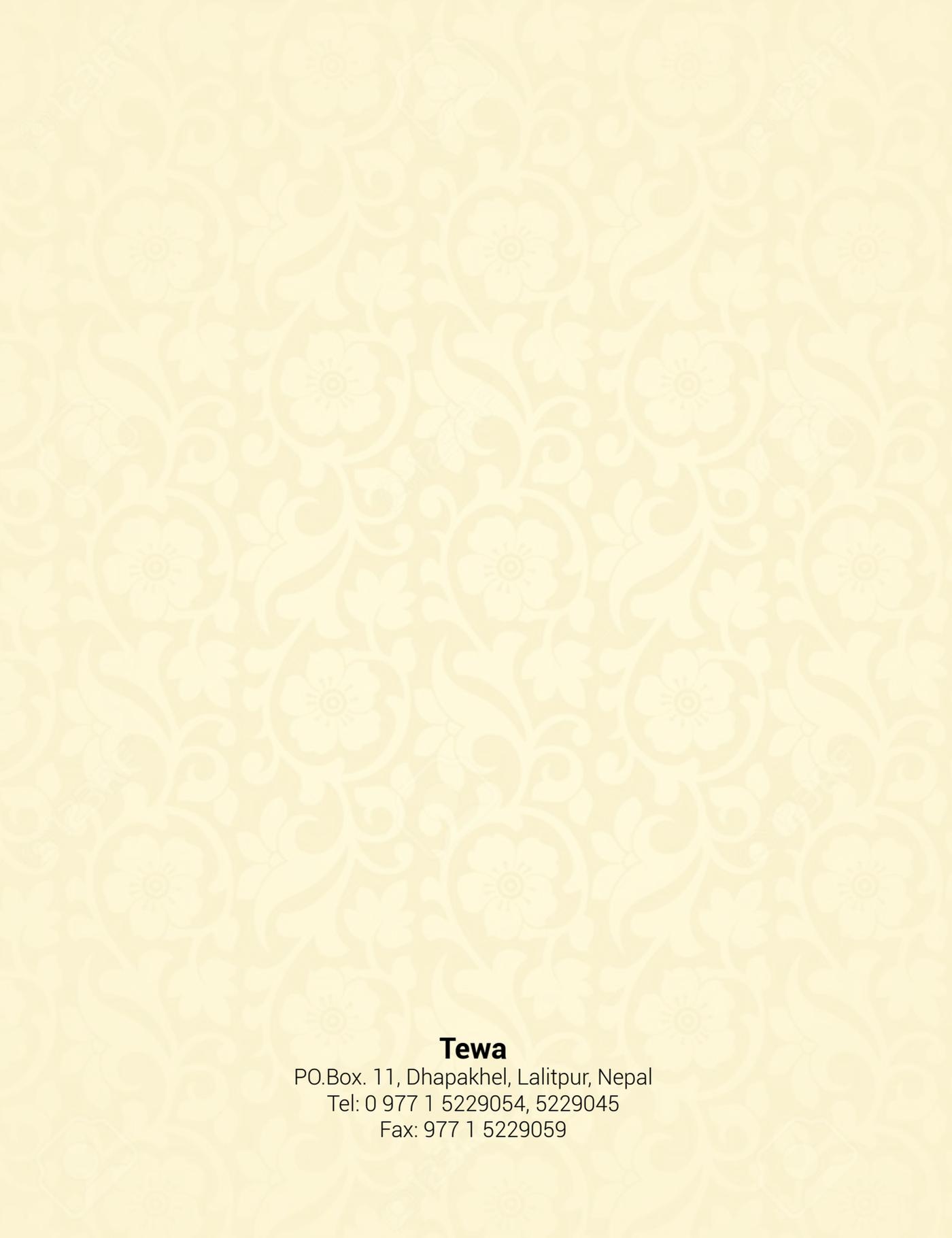
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