Tewa Children's programme which was just a concept few years back is now slowly growing into a fine tree that will eventually bloom into varieties of colourful flowers. The children participating in this programme will be the garland to spread the sweetness and fragrance of love and humility in their community. And these children will be the strength of the community in the coming years.

We are extremely happy to bring out the first edition of the newsletter that is adorned with the children's work – that amply projects their creativity and enthusiasm to learn, express about the life, love for the other fellow-beings, their heritage and the community they live in.

We are very happy and thankful to have the support of the ArtVenture, Singapore, whose timely support has been instrumental in making this programme a success.

Deepak Dewan and Janaki Shah
Co-coordinators

Children's Library

READ Nepal has provided furniture, children's books and soft toys. In another words, READ Nepal has helped Tewa to establish one good Children's Library that exactly fits in with Tewa Children's Programme.

Currently, this library is put up behind the Open air theater which is peaceful and quiet for children to read children's story, poem, general knowledge books.

Children Play Pen

Tewa Children's Programme was started from 3rd Feb 2007. The main objective of this programme was to engage the children of Dhapakhel in Tewa and to give them lessons on philanthropy through various activities and to help the children in personal development.

This programme is run with the liaison of two Tewa staff while it is run by four volunteers

The children are divided into there groups, according their age like Group A has children between the age of 5 to 7, Group B, 8-11 years and Group C 12-14 years. Three different volunteers are assigned to these groups while one volunteer works as a co-coordinator for all three groups.

Children are very happy in this program. We take them to visit different national heritage sites as well as to other social institutions like old age home. At Tewa we engage them in creative work like dancing, music, story telling/writing, drawing/painting, yoga and games.

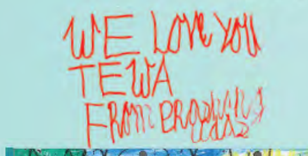
We are confident this programme is moving towards its goal of imparting children the knowledge of philanthropy and personal development through various activities they participate.

Volunteers in Children's Programme
Tara Thapa •Sharda Gurung
Rita Bhattari •Joyti Khadka

This is a very special day to every mother. Children pay their respect to their mothers. I also paid my respect to my mother that day. I gave her some fruits, sweets and gift. When I hugged my mother she felt very happy and she kissed me in my cheeks.

How my mother feels every day?
She always feels happy about my brother and me. When I get bad marks in my school tests she becomes sad. She tells me to study well. I try to study well. If I come home late when from school she worries and she calls school. But when I reach home she feels happy and her worries are gone. She loves me when I play with my brother and but get angry when I hurt him and I get scolding. My mother cooks very good food for us every day.

Manorika Sharma. Group "C"



Field Trip to Patan Durbar Square

On 29th December 2007. I went to visit Patan Durbar Square, one of the heritage sites, with my 15 friends and three of our teachers. We also visited the Krishna temple and the museum which are close to Durbar Square. There are seven cultural heritage sites within the Kathmandu valley. Patan Durbar Square is one to learn about our history from it. I, too enjoyed this trip a lot.

We entered the building through the backside of Durbar Square and learned about the life style of the people who were living long time ago. Their living condition, architecture of the buildings and houses. We also visited stone water spouts and learned about them, their importance in the community, how people in the olden times maitained such public property, the code of conduct about how to use and what one could do and could not do in such places. There were many water sources in olden days but many of them are noti n working condition due to carelessness of the people.

We also visited a house called Newa Chen (a typical old Newar house) which is now converted in a hotel where many tourists and local people stay and come to have fun. From this visit we learned about Newari culture, their way of living and the houses in those ancient time.

We visited place where wood-carving is done and learned about it.

I would like to thank Tewa and the guides from UNESCO club who helped us to learn so much from this trip.

Ramu Maharjan. Group "C"

Discrimination Against Women

Women are the pillars of every nation. In many countries more than 40% of population are women. No country can rise up without women's contribution in development. In many countries of the world women have become Presidents, Prime ministers and have served in many leading posts. But in our country women are discriminated so our country is not able to fully develop.

But our country Nepal this not the only case in many other developing countries women are discriminated. They are discriminated because they are made to do only house hold work and they are seldom given a chance to come out of their house. Women are not sent to school because it is said that women go to other's home after marriage so they don't need education. But with education women have also become successful pilots, mountaineers, doctors, engineers and many more. So why this discrimination?

We should not discrimination girls. Without women countries' needs are not fulfilled. Women's place is not only at home but they should be left free like birds. There are many NGOs and INGOs in Nepal who are helping to get rid of discrimination to women and one them is Tewa!

Saurav Thapa
Group "C"

टेवा बालबालिका कार्यक्रमको परिचय

टेवाले विगत एक दशकदेखि महिला सशक्तिकरणको क्षेत्रमा काम गरिरहेको साथै स्थानीय बालबालिकाहरूलाई लक्षित गरी २०६३ फागुण महिनादेखि "टेवा बालबालिका कार्यक्रम" सञ्चालन गर्दै आएको छ । यस कार्यक्रममा ७५ जना बालबालिकाहरू सहभागी छन् । कार्यक्रम प्रत्येक शनिबार ११ बजे देखि १ बजे २ घण्टा, टेवा हाता भित्र नै सञ्चालन गरिन्छ । कार्यक्रमको लक्ष्य र उद्देश्य निम्न रहेका छन् :

१ परोपकारी संस्कारलाई वर्तमान परिवेशमा अनुकरण र उपयोगी बनाउनु ।
२ सामाजिक संस्कार तथा परम्परालाई जिवित राख्ने संस्कारको विकास गराउनु ।
३ टेवा र स्थानिय समुदायको बीचमा पारस्परिक सहयोग र सदभावलाई विकास र दिगो गराउनु ।

टेवा बालबालिका कार्यक्रम संयोजकहरू
मिना गुरूङ् र मुक्ता श्रीवास्तव

टेवा बालबालिका कार्यक्रम अर्न्तगत सञ्चालन गरिएको कार्यक्रमहरू

मिति	कार्यक्रम	सहभागी स्थान	
२०६३/१०/५	अभिभावक बैठक	४३	टेवा परिसर
२०६३/१०/२०	कक्षा संचालन	७५	टेवा परिसर
२०६४/२/५	अध्ययन भ्रमण	४३	महालक्ष्मीस्थान
२०६४/२/२६	अभिभावक समिक्षा बैठक	२१	टेवा परिसर
२०६४/६/९	सांस्कृतिक कार्यक्रम	५०	टेवा परिसर
२०६३/८/८	योगाभ्यास	४२	टेवा परिसर
२०६३/९/१४	अध्ययन भ्रमण	४३	पाटन दरबार सम्पदा क्षेत्र
२०६३/९/२८	अवलोकन भ्रमण	५०	चिडिया खाना
२०६३/१०/१२	योगाभ्यास	४५	टेवा परिसर
२०६५/५/१४	अध्ययन भ्रमण	३२	भक्तपुरदरवार, चाँगुनारायन
२०६५/५/२१	आमाहरूलाई सम्मान	३०	टेवा परिसर
२०६५/५/२८	वृद्धाश्रम भ्रमण	३२	पशुपति

सर्व प्रथम त म यो टेवा संस्थालाई हृदयदेखि नै धन्यवाद टक्राउन चाहन्छु । किनभने यस संस्थाले निश्वार्थ भावनाका साथ स-साना नानीहरूको बौद्धिक विकासमा ठूलो टेवा पुऱ्याएको सबै अभिभावक वर्गहरूमा अवगत भएको हुनुपर्दछ । यस संस्थाले प्रत्येक शनिबार ११०० बजे देखि ९०० बजे सम्म ज्ञानबर्द्धक कुरा जस्तै पेन्टिङ्, सरसफाई, लेखाई, पढाई र सामाजिक ज्ञान गुणका कुराहरू सिकाउने र बाहिरी वातावरणसँग घुलमिल गराई बच्चाहरू बाटा हुने हँदा साँस्कृतिक मनोरञ्जन स्थलहरूमा घुमाउने तथा राम्रा कुराहरू सिकाउने र बच्चाहरूले सिकेका कुराहरू व्यवहारमा देखाएको देख्दा हामी अभिभावक वर्गहरू यस संस्था प्रति धेरै धेरै खुशी छौ ।

अप्सरा खड्का (अभिभावक)