



Quarterly Newsletter

October - December 2018

Grant Making



Grant Disbursement Data

17
Grants disbursed
To **13** Women's
organizations
Total amount
disbursed: NRs 30
Lakhs

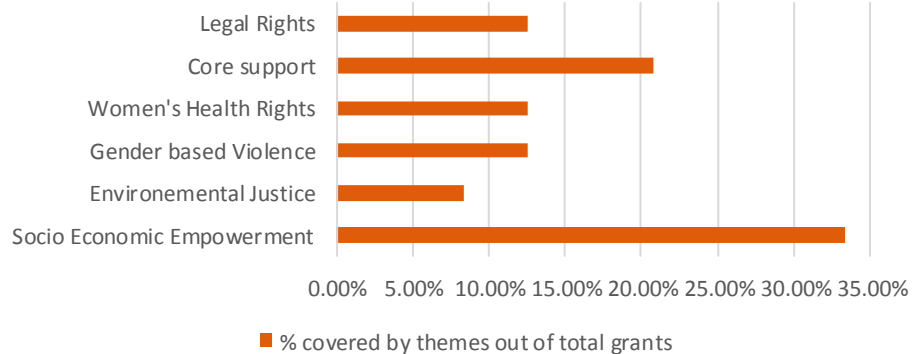
UPCOMING EVENTS



**Annual Fund Raising Event: Walk-a-Thon
February 9, 2019**

Musical Event on April 2019

Grant Themes



Apart from our regular grants, two discretionary grants were disbursed. Nagarik Awaz received the grant for *The Peace Building Memorial & Learning Centre* and Pourakhi Nepal received the grant to organize *10th Human Rights Magna Meet 2018*.

Founder's Fund was presented to *Manav Adhikar ko Lagi Mahila Ekal Mahila Samuha (WHR, Dhankuta)* to launch their project to provide legal awareness and training on socio-economic empowerment for the single women.

Grantee Capacity Building and Networking

Over the period of three months, we organized two grantee capacity building trainings on Community philanthropy & Organizational Development and Mentorship Program.

A three days training on Community Philanthropy and organizational Development was held on 19-21 Nov. 33 grantee partners representing 18 organizations attended this training. The major objectives of this training were to transfer the knowledge of sustainability practiced by Tewa and how community philanthropy leads towards a durable development. The session on Community Philanthropy was led by Jenny Hodgson, Executive Director of Global Fund for Community Foundation, Founder of Tewa Rita Thapa on Sustainability of the organization and Dr. Kedar Rayamajhi on organizational development and positive thinking for personal transformation and stress management

3 days mentorship workshop was organized on 11-13 December 2018 with women groups' members, grantee partners and local individuals/leaders from Gorkha, Ramechhap and Sindhupalchowk districts. The participants are stakeholders of "Hamro Tewa Gaun-Gharma" (Earthquake rehabilitation and recovery) project. The main objective of this workshop was to demonstrate the work and outcomes on the collaboration of Tewa in local communities.

- To provide a space to engage with groups to discuss challenges, share ideas and retain the lessons learned in those 3 districts.
- To show the plan of action in coming year at local level.

Jenny Hodgson, Executive Director of GFCF taking the session on Community Philanthropy.



Mr Jagat Deuja from Community Self Reliance Center had taken session on visioning and evaluation of natural resources for sustainable development.

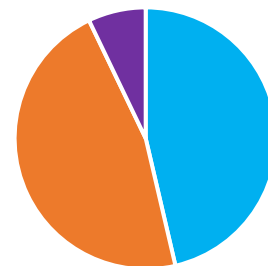


Raffle

As every year, our annual fundraising event raffle was organized with a target to raise NRs. 2 lakhs. Tewa's fundraising event is aimed to engage diverse community people. The price a ticket was NRs. 25. The result of raffle was announced on Dec 5, 2018 in presence of Board and General Members, Volunteers, Grantee Partners, Community People and Staff. The first three prizes of the raffle were sponsored by R.B. Diamond Jewelry. The winners of the first, second and third prizes were Kumbanath Yogi, Arjun Kumar Karki and Shristi Maharjan. We successfully raised NRs 214,380/- from this event.

Local Fund Raising

Fundraised during October to December 2018



■ Annual Donation ■ Events ■ Campaigns

Learning, Monitoring and Evaluation

In the period of three months, 4 monitoring visits were conducted in the grantee partner organizations inside Kathmandu Valley. During the visits, group focus discussions were organized to review the changes in the lives of women brought about by Tewa grants.

The details of the visits are listed below:

Date of the visit	Name of the organization	Intervention	Outcomes
Dec 6, 2018	Siddhipur Mahila Sashaktikaran Samaj, Lalitpur	One day orientation training on registration of the social events and the women's entitlements for 30 indigenous women	Grantee partner become successful to support 1 VAW affected woman to register her marriage and birth of her son. They are hopeful to get her property rights. Women realized to obtain personal documentation for their secure life and to claim rights · Awareness about the women entitlements provided by Nepal's government.
Dec 6, 2018	Manashwi Paarijat Mahila Kendra Nepal	3 days awareness on sexual and Reproductive health rights among community women	- Women started to look at the menstruation as a natural process. Importance of the regular checkup for Sexual and Reproductive Health Rights. Increased awareness regarding the personal health and hygiene. Older women came to realize that the taboo of women being impure during their menstruation is just a misconception. Elderly women after the training are treating younger women as equals during such time.
Dec 10, 2018	Apangata Adhikar ko lagi Mahila Samuha , Tarkeswor	Peer Support Program for 10 women with mental illness, for 6 months(twice a week)	10 women having psychological problem received the peer support service. Women with these types of problem have started to come out of their shell and shared their feelings. Some of them have shown positive changes on their behavior and built confidence to response others in families. The project has provided good service of counseling, therapy and sharing sessions to affected women.
Dec 10, 2018	Apanga Sewa Kendra, Tarkesswor Kathmandu	Entrepreneurship Development Training and Seed money for handicraft production	The physically challenged people (15 men and 5 women) were provided with handicrafts production training. · 50% of those who received the training are continuing the work at the center and support the organization financially. It has supported the organization financially and the members are also earning certain % of the profit from the sales of the goods they produced. The organization has gained visibility in the society from the work they are doing.



Appraisal Visit @Goldhunga, Sirjanshil Mahila Samaj



Celebration of South Asian Women's Day on Nov 30 in collaboration with Nepal Mahila Ekata Samaj and Home Net Nepal

Celebration of International Volunteer's Day



On December 5, 2018, the day of International Volunteers Day, Tewa also celebrated this day to appreciate our volunteers. The ceremony began by lighting the butter lamps. Each year on this day, Tewa acknowledges the effort, dedication, and contributions of our volunteers and present the well performing volunteers with different categories of awards. Apart from helping in our fundraising activities, our volunteers also help to promote community philanthropy, gender equality, and women empowerment through the word of mouth. Ten volunteers were presented with different awards. Five volunteers' viz. *Upasana Shrestha, Jharana Maharjan, Ankur Shrestha, Chandra Laxmi Shrestha, and Reena Suwal* were presented with Appreciation Awards for their constant support and contributions in the events and programs organized by Tewa. Likewise, Meena Bishet received Dr. Amir Thapa Award for her outstanding effort in Fundraising. Another category of award was Adhyaya Prasad Pradhan which was bestowed to Geeta K.C for her outstanding contributions in various events and activities throughout the year. Sarita Manandhar received the Birendra Shrestha Award for her effort in fundraising activities and for engaging a large number of donors from diverse groups. Bhai Maya Award was given to Pushpa Awale for her involvement in our activities related to the conservation and protection of the ecosystem. The last award, Outstanding Award was awarded to Sabina Baidya for her exceptional performance throughout the year in our events, activities, and networking with the potential donors.

Young Women Leadership

One Mentor: Ten Mentees

10 participants of Young Women Leaders from Nepal with their mentors and guest speakers from feminist forum..



Young Women Leadership program is focused on different women's issues of the society to build a movement against that issue. Nikiba Pradhan, a program officer at Tewa is taking a lead

This program has been going on rigorously since the past one year and now Nikiba is collaborating with local level government bodies to raise awareness on Polygamy.

The local agencies have also permitted us to put up the information board about Polygamy on different public places like schools, bus station of ward 23 & 24 of Dhapakhel community, and ward office. The information consist of message related to the penalty for people who marry multiple times.

One of the Young Women Leader, Shreejana Maharjan says, "I am thankful to Tewa and Nikiba di for providing me with this opportunity. In the short period of time, I got to learn a lot of new things about ongoing issues and women's rights. This program has also helped build my self-confidence. As a woman I have always thought that women should tolerate any kind of inequality. But I learned we also have our voice which needs to be heard by everyone. I got to connect with sisters' from my own community who will be advocating against Polygamy. And also this program has helped build my connections with other activists and provided an exposure."



Children making handmade cards during Christmas

Tewa Centre (Deepyogini)

During the reporting period, 10 National and International organizations hosted their programme for 68 days in DeepYogini. Among them Griffith University, Australia was here the longest for 22 days and this was the second time they hosted their event with us, the previous one was in 2016.

We also had number of visitors to our facilities that helped us to promote DeepYogini. Among the visitors were our founding advisor Kiran Bhatia and her daughter Dr. Amia. Ms. Tenzin Dolker, Resource Feminist Movement Coordinator at AWID and now based in Pristina, Kosovo.

Reach out to us

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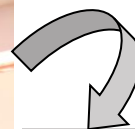
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 AT
Tewaforwomen



Volunteers buying shopping bags and bead necklaces during the appraisal visit at Saakhu



Annual General Meeting was organized on 12th October 2018 in presence of Board and General Members, Staff of Tewa. The meeting was conducted to review the achievements and programs completed on the FY 2017/2018.

We would like to thank our donors, friends, and everyone who have supported us in our movement to empower the grassroots level women's organizations and groups of Nepal through grants and capacity building.